

Twins Research Australia COVID-19 Knowledge, Experience, Reaction and Resilience Study



Data Dictionary: Parents of Junior Twins, Phase 1

| Variable | Description | Coding |
|-------------------------------|---|---|
| postcode | Postcode | [free text] |
| state | State | [free text] |
| country | Country | [free text] |
| parent_age | Parent age (in years) | Integer |
| parent_gender | Parent gender as reported in the survey | 1= "Female"; 2= "Male"; 3= "Prefer not to answer" 99= "Other" |
| parent_gender_other | Parent gender as reported in the survey ("other" free text box) | [free text] |
| twin_age | Age in years | Integer |
| db_zyg | Zygoty as recorded on the TRA database | 1="MZ"; 2="DZ"; 9="Unknown" |
| db_zyg_source | Zygoty source as recorded on the TRA database | String with values: "DNA tested" "Do not look identical" "Doctor's report" "Look identical" "Male/female pair" "Parent's report" "Peas in a Pod Qxn (Jnr)" "Peas in a Pod Qxn (Snr)" "Same placenta" "Self report" "Unknown" |
| triplets | Binary variable indicating whether the parents have triplets | 0=No; 1=Yes |
| date_started | Date survey was started | Date |
| QP01_how_many_children | How many children do you have (including your twins)? | Integers 2-10 |

| Variable | Description | Coding |
|----------------------|------------------------|--|
| QP02_first_name_ch1 | First name of child 1 | [free text] |
| QP02_first_name_ch2 | First name of child 2 | [free text] |
| QP02_first_name_ch3 | First name of child 3 | [free text] |
| QP02_first_name_ch4 | First name of child 4 | [free text] |
| QP02_first_name_ch5 | First name of child 5 | [free text] |
| QP02_first_name_ch6 | First name of child 6 | [free text] |
| QP02_first_name_ch7 | First name of child 7 | [free text] |
| QP02_first_name_ch8 | First name of child 8 | [free text] |
| QP02_first_name_ch9 | First name of child 9 | [free text] |
| QP02_first_name_ch10 | First name of child 10 | [free text] |
| QP03_age_ch1 | Age of child 1 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch1 | Gender of child 1 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch2 | Age of child 2 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch2 | Gender of child 2 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch3 | Age of child 3 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch3 | Gender of child 3 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch4 | Age of child 4 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch4 | Gender of child 4 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch5 | Age of child 5 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch5 | Gender of child 5 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch6 | Age of child 6 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch6 | Gender of child 6 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch7 | Age of child 7 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch7 | Gender of child 7 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch8 | Age of child 8 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch8 | Gender of child 8 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch9 | Age of child 9 | Integers 0-24, but in string format as last category is "25+" |

| Variable | Description | Coding |
|--------------------------|----------------------------|---|
| QP04_gender_ch9 | Gender of child 9 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP03_age_ch10 | Age of child 10 | Integers 0-24, but in string format as last category is "25+" |
| QP04_gender_ch10 | Gender of child 10 | 1="Male"; 2="Female"; 3="Other"; 4="Don't know/prefer not to answer" |
| QP05_general_health_ch1 | General health of child 1 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch2 | General health of child 2 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch3 | General health of child 3 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch4 | General health of child 4 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch5 | General health of child 5 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch6 | General health of child 6 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch7 | General health of child 7 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch8 | General health of child 8 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch9 | General health of child 9 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP05_general_health_ch10 | General health of child 10 | 1="Excellent"; 2="Very good"; 3="Good"; 4="Fair"; 5="Poor" |
| QP06_school_ch1 | School status of child 1 | 1="Physically attending school, pre-school/kindergarten or childcare"; 2="Learning remotely since the school closures began"; 3="Learning remotely AND physically attending school, pre-school/kindergarten or childcare"; 4="Not applicable" |
| QP06_school_ch2 | School status of child 2 | 1="Physically attending school, pre-school/kindergarten or childcare"; 2="Learning remotely since the school closures began"; 3="Learning remotely AND physically attending school, pre-school/kindergarten or childcare"; 4="Not applicable" |
| QP06_school_ch3 | School status of child 3 | 1="Physically attending school, pre-school/kindergarten or childcare"; 2="Learning remotely since the school closures began"; 3="Learning remotely AND physically attending school, pre- |

| Variable | Description | Coding |
|------------------|---------------------------|---|
| | | school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch4 | School status of child 4 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch5 | School status of child 5 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch6 | School status of child 6 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch7 | School status of child 7 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch8 | School status of child 8 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch9 | School status of child 9 | 1=“Physically attending school, pre-school/kindergarten or childcare”; 2=“Learning remotely since the school closures began”; 3=“Learning remotely AND physically attending school, pre-school/kindergarten or childcare”; 4=“Not applicable” |
| QP06_school_ch10 | School status of child 10 | 1=“Physically attending school, pre-school/kindergarten or childcare”; |

| Variable | Description | Coding |
|-------------------------------------|---|--|
| | | 2="Learning remotely since the school closures began"; 3="Learning remotely AND physically attending school, pre-school/kindergarten or childcare"; 4="Not applicable" |
| QP07_twins_same_class | When attending school, are your twins/triplets in the same class? | 1="Yes"; 2="No"; 3="They share some classes but not all" |
| QP07_twins_same_class_others | When attending school, are your twins/triplets in the same class? (Other) | [free text] |
| QP08_other_parents | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (Other parents) | 0=No; 1=Yes |
| QP08_kinder_teacher | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (Kindergarten teacher(s)) | 0=No; 1=Yes |
| QP08_school_teacher | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (School teacher(s)) | 0=No; 1=Yes |
| QP08_support_org | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? | 0=No; 1=Yes |

| Variable | Description | Coding |
|---------------------------------------|---|-------------|
| | (Support organisation(s)) | |
| QP08_family_members | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (Family member(s)) | 0=No; 1=Yes |
| QP08_triplets_twins_themselves | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (The twins/triplets themselves) | 0=No; 1=Yes |
| QP08_none_above | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (None of the above) | 0=No; 1=Yes |
| QP08_no_answer | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (Don't know / prefer not to answer) | 0=No; 1=Yes |
| QP08_other | Was the decision whether or not to keep your twin/triplets children in the same class influenced by any of the following? (Other) | [free text] |

| Variable | Description | Coding |
|---|--|--|
| QP09_how_close_twins | How close are your twins/triplets to each other? | 1="Extremely close/inseparable"; 2="As close as non-twin siblings in any family"; 3="Not very close"; 4="They don't get on at all"; 99="Other" |
| QP09_how_close_twins_others | How close are your twins/triplets to each other? (Other) | [free text] |
| QP10_how_close_other_sibs | How close are your twins to their other siblings? | 1="They are extremely close/inseparable with their other siblings"; 2="They are as close as any non-twin/triplet siblings in any family"; 3="Not very close to their other siblings"; 4="They don't get on at all with their other siblings"; 5="They are closer to some of their siblings than others"; 6="One of the twins is closer to their other siblings"; 7="One or two of the triplets are closer to their other siblings" |
| QP10_how_close_other_sibs_others | How close are your twins to their other siblings? (Other) | [free text] |
| QP11_supervisor_me | Who is responsible for supervising your children's remote learning? (I am) | 0=No; 1=Yes |
| QP11_supervisor_co_parent | Who is responsible for supervising your children's remote learning? (My spouse/partner or the child(ren)'s co-parent) | 0=No; 1=Yes |
| QP11_supervisor_child_themselves | Who is responsible for supervising your children's remote learning? (My children are all old enough to be responsible for their own supervision) | 0=No; 1=Yes |
| QP11_supervisor_other | Who is responsible for supervising your children's remote learning? (Other) | [free text] |
| QP12_hours_supervising | Over the last month, how many hours did you typically spend | "Less than 1 hour", "1", "2", "3",... "11", "12+" |

| Variable | Description | Coding |
|---------------------------------------|--|--|
| | supervising your children's remote learning each day, on average? | |
| QP13_twins_coping_learning | On a scale of 1 to 5, please select how well you think your twins or triplets are coping OVERALL with remote learning. 1 indicates they are not coping well at all and 5 means they are coping extremely well. | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |
| QP14_oth_child_coping_learning | On a scale of 1 to 5, please select how well you think your other children are coping OVERALL with remote learning. 1 indicates they are not coping well at all and 5 means they are coping extremely well. | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |
| QP15_you_coping_learning | On a scale of 1 to 5, please select how well you think you are coping OVERALL with your children learning from home. 1 indicates you are not coping well at all and 5 means you are coping extremely well. | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |
| QP16_coping_learning_comment | Please feel free to add any comments on how you and/or your family are coping generally with remote learning | [free text] |
| QP17_twins_adj_restrictions | On a scale of 1 to 5, please select how well you think your | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |

| Variable | Description | Coding |
|--|---|--|
| | twins/triplets have adjusted OVERALL to the restrictions. 1 indicates they have not adjusted well at all and 5 means they have adjusted extremely well. | |
| QP18_oth_child_adj_restrictions | On a scale of 1 to 5, please select how well you think your other children have adjusted OVERALL to the restrictions. 1 indicates they have not adjusted well at all and 5 means they have adjusted extremely well. | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |
| QP19_you_adj_restrictions | On a scale of 1 to 5, please select how well you think you have adjusted OVERALL to the restrictions. 1 indicates you have not adjusted well at all and 5 means you have adjusted extremely well. | Scale 1-5 recoded to make 0 neutral. So, values can take: -2, -1, 0, 1, 2. |
| QP20_adj_restrictions_comment | Please feel free to add any comments about how you and/or your family are adjusting | [free text] |
| QP21_prior_regular_bedtimes | Prior to the restrictions imposed by COVID-19, what was your home life usually like? (I/we had regular bedtime routines for the children) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP21_prior_couldnt_hear_think | Prior to the restrictions imposed by COVID-19, what | 1="Not true"; 2="Quite true"; 3="Very true" |

| Variable | Description | Coding |
|--------------------------------------|--|---|
| | was your home life usually like? (You couldn't hear yourself think in our home) | |
| QP21_prior_chaotic | Prior to the restrictions imposed by COVID-19, what was your home life usually like? (Our home environment was chaotic) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP21_prior_able_stay_on_top | Prior to the restrictions imposed by COVID-19, what was your home life usually like? (We were usually able to stay on top of things) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP21_prior_tele_on | Prior to the restrictions imposed by COVID-19, what was your home life usually like? (There was usually a television on somewhere in our home) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP21_prior_calm | Prior to the restrictions imposed by COVID-19, what was your home life usually like? (The atmosphere in our home was calm) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP22_since_regular_bedtimes | Since the COVID-19 restrictions, what has your home been like? (I/we have regular bedtime routines for the children) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP22_since_couldnt_hear_think | Since the COVID-19 restrictions, what has your home been like? (You can't hear | 1="Not true"; 2="Quite true"; 3="Very true" |

| Variable | Description | Coding |
|------------------------------------|---|---|
| | yourself think in our home) | |
| QP22_since_chaotic | Since the COVID-19 restrictions, what has your home been like? (Our home environment is chaotic) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP22_since_able_stay_on_top | Since the COVID-19 restrictions, what has your home been like? (We are usually able to stay on top of things) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP22_since_tele_on | Since the COVID-19 restrictions, what has your home been like? (There is usually a television on somewhere in our home) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP22_since_calm | Since the COVID-19 restrictions, what has your home been like? (The atmosphere in our home is calm) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP23_routines_harder | How does your household feel NOW compared to BEFORE the COVID-19 restrictions? (Regular routines are harder to maintain than they used to be) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP23_house_tenser | How does your household feel NOW compared to BEFORE the COVID-19 restrictions? (My household feels more tense than it used to) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP23_more_connected | How does your household feel NOW compared to BEFORE | 1="Not true"; 2="Quite true"; 3="Very true" |

| Variable | Description | Coding |
|------------------------------------|---|--|
| | the COVID-19 restrictions? (We feel more connected to each other than before) | |
| QP23_more_arguing | How does your household feel NOW compared to BEFORE the COVID-19 restrictions? (There is more arguing in our household than there used to be) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP23_safe | How does your household feel NOW compared to BEFORE the COVID-19 restrictions? (My household feels like a safe place to be right now) | 1="Not true"; 2="Quite true"; 3="Very true" |
| QP23_surprised_how_well | How does your household feel NOW compared to BEFORE the COVID-19 restrictions? (My household feels like a safe place to be right now) | 1="Not true"; 2="Quite true"; 3="Very true" |
| Q9_covid_test | Have you been tested for COVID-19? | 0=No; 1=Yes |
| Q10_test_results | | |
| Q11_covid_test_date_results | If you were tested for COVID-19, please tell us the date you received the results | Date/Time |
| Q12_covid_source | | |
| Q13_covid_treatment | If a positive test was received, are you/were you undergoing treatment for COVID-19? | 1="Yes, I was in ICU"; 2="Yes, I am in / was in hospital"; 3="Yes, I am remaining / did remain at home"; 4="No, I am not / was not undergoing treatment" |
| Q13_covid_treatment_text | If a positive test was received, are | [free text] |

| Variable | Description | Coding |
|---|--|-------------|
| | you/were you undergoing treatment for COVID-19? (Other) | |
| Q14_symp_past_fever | Did you have any of the following symptoms when you got tested? (Fever) | 0=No; 1=Yes |
| Q14_symp_past_cough | Did you have any of the following symptoms when you got tested? (Coughing) | 0=No; 1=Yes |
| Q14_symp_past_sore_throat | Did you have any of the following symptoms when you got tested? (Sore throat) | 0=No; 1=Yes |
| Q14_symp_past_fatigue | Did you have any of the following symptoms when you got tested? (Fatigue (tiredness)) | 0=No; 1=Yes |
| Q14_symp_past_short_breath_rest | Did you have any of the following symptoms when you got tested? (Shortness of breath at rest) | 0=No; 1=Yes |
| Q14_symp_past_short_breath_ex | Did you have any of the following symptoms when you got tested? (Shortness of breath after exercise) | 0=No; 1=Yes |
| Q14_symp_past_wheeze_asthma | Did you have any of the following symptoms when you got tested? (Wheeze/asthma) | 0=No; 1=Yes |
| Q14_symp_past_change_taste_smell | Did you have any of the following symptoms when you got tested? (Changes to taste/smell) | 0=No; 1=Yes |

| Variable | Description | Coding |
|--|---|--|
| Q14_symp_past_medic_asmt ha | Did you have any of the following symptoms when you got tested? (Increase in use of medication for asthma/wheezing) | 0=No; 1=Yes |
| Q14_symp_past_no_symp | Did you have any of the following symptoms when you got tested? (I did not have any symptoms) | 0=No; 1=Yes |
| Q14_symp_past_other | Did you have any of the following symptoms when you got tested? (Other) | [free text] |
| Q15_how_feeling | If you have not been tested or diagnosed with COVID-19, how are you currently feeling? | 1="I don't think I have COVID-19 related symptoms"; 2="I may have COVID-19 related symptoms"; 3="Don't know/prefer not answer" |
| Q16_symp_now_fever | Do you currently have any of the following symptoms? (Fever) | 0=No; 1=Yes |
| Q16_symp_now_cough | Do you currently have any of the following symptoms? (Coughing) | 0=No; 1=Yes |
| Q16_symp_now_sore_throat | Do you currently have any of the following symptoms? (Sore throat) | 0=No; 1=Yes |
| Q16_symp_now_fatigue | Do you currently have any of the following symptoms? (Fatigue (tiredness)) | 0=No; 1=Yes |
| Q16_symp_now_short_breath _rest | Do you currently have any of the following symptoms? (Shortness of breath at rest) | 0=No; 1=Yes |

| Variable | Description | Coding |
|---|--|--|
| Q16_symp_now_short_breath_ex | Do you currently have any of the following symptoms? (Shortness of breath after exercise) | 0=No; 1=Yes |
| Q16_symp_now_wheeze_asthma | Do you currently have any of the following symptoms? (Wheeze/asthma) | 0=No; 1=Yes |
| Q16_symp_now_change_taste_smell | Do you currently have any of the following symptoms? (Changes to taste/smell) | 0=No; 1=Yes |
| Q16_symp_now_medic_asthma_wheeze | Do you currently have any of the following symptoms? (Increase in use of medication for asthma/wheezing) | 0=No; 1=Yes |
| Q16_symp_now_other | Do you currently have any of the following symptoms? (Other) | [free text] |
| Q17_seek_med_att | Are you planning to seek medical attention related to COVID-19 within the next week? (If answered 'Don't know/prefer not to answer' or 'I'm not feeling quite right' to Q13) | 1="Yes"; 2="No"; 3="Don't know/unsure"; 4 "Prefer not to answer" |
| Q18_reason_no_med_attention | Please tell us why you are not planning to or why you are unsure about seeking medical attention: | [free text] |
| Q19_knowledge_covid | On a scale of 1 to 5, how much do you | -2="Don't know much at all"; -1="Don't know a lot"; 0="Neutral"; 1="Know some"; 2="Know a lot" |

| Variable | Description | Coding |
|------------------------------|---|-------------|
| | think you know about COVID-19? | |
| Q20_television | Which of these sources do you use to obtain information about COVID-19? (Television) | 0=No; 1=Yes |
| Q20_official_websites | Which of these sources do you use to obtain information about COVID-19? (Official websites (Australian Department of Health, State Govt, WHO etc.)) | 0=No; 1=Yes |
| Q20_newspapers | Which of these sources do you use to obtain information about COVID-19? (Newspapers) | 0=No; 1=Yes |
| Q20_radio | Which of these sources do you use to obtain information about COVID-19? (Radio) | 0=No; 1=Yes |
| Q20_social_media | Which of these sources do you use to obtain information about COVID-19? (Social media) | 0=No; 1=Yes |
| Q20_family | Which of these sources do you use to obtain information about COVID-19? (Family / friends) | 0=No; 1=Yes |
| Q20_work | Which of these sources do you use to obtain information about COVID-19? (Work / university / school) | 0=No; 1=Yes |

| Variable | Description | Coding |
|-----------------------------------|---|--|
| Q20_prefer_not_to | Which of these sources do you use to obtain information about COVID-19? (I prefer not to read or hear about COVID-19) | 0=No; 1=Yes |
| Q20_other | Which of these sources do you use to obtain information about COVID-19? (Other) | [free text] |
| Q21_television | In the past week, how often do you check these information sources about COVID-19? (Television) | String with values "1", "2",... "9", "10+" |
| Q21_television_week_or_day | Per day/per week | String with values "Per Day" or "Per Week" |
| Q21_official_websites | In the past week, how often do you check these information sources about COVID-19?? (Official websites (Australian Department of Health, State Govt, WHO etc.)) | String with values "1", "2",... "9", "10+" |
| Q21_official_week_or_day | Per day/per week | String with values "Per Day" or "Per Week" |
| Q21_newspapers | In the past week, how often do you check these information sources about COVID-19?? (Newspapers) | String with values "1", "2",... "9", "10+" |
| Q21_newspapers_week_or_day | Per day/per week | String with values "Per Day" or "Per Week" |
| Q21_radio | In the past week, how often do you check these information sources about COVID-19?? (Radio) | String with values "1", "2",... "9", "10+" |
| Q21_radio_week_or_day | Per day/per week | String with values "Per Day" or "Per Week" |

| Variable | Description | Coding |
|-------------------------------------|---|---|
| Q21_social_media | In the past week, how often do you check these information sources about COVID-19?? (Social media) | String with values “1”, “2”,... “9”, “10+” |
| Q21_social_media_week_or_day | Per day/per week | String with values “Per Day” or “Per Week” |
| Q21_family | In the past week, how often do you check these information sources about COVID-19?? (Family/friends) | String with values “1”, “2”,... “9”, “10+” |
| Q21_family_week_or_day | Per day/per week | String with values “Per Day” or “Per Week” |
| Q21_work | In the past week, how often do you check these information sources about COVID-19?? (Work/university/school) | String with values “1”, “2”,... “9”, “10+” |
| Q21_work_week_or_day | Per day/per week | String with values “Per Day” or “Per Week” |
| Q21_other | In the past week, how often do you check these information sources about COVID-19?? (Other (as specified above)) | String with values “1”, “2”,... “9”, “10+” |
| Q21_other_week_or_day | Per day/per week | String with values “Per Day” or “Per Week” |
| Q22_import_physical_dist | On a scale of 1 to 5, how important (or necessary) do you think physical distancing is currently as a response to COVID-19? | -2=“Not important at all”; -1=“Not very important”; 0=“Neutral”; 1=“Somewhat important”; 2=“Very important” |
| Q23_how_many_usually_live | How many people do you usually live with? Do not count yourself | [numerical input] |
| Q23_how_many_currently_live | How many people do you currently live | [numerical input] |

| Variable | Description | Coding |
|-------------------------------|---|-------------------|
| | with? Do not count yourself | |
| Q23_why_number_changed | Why has the number of people you live with changed? | [free text] |
| Q24_partner | Who do you currently live with? (Your spouse or partner) | 0=No; 1=Yes |
| Q24_children | Who do you currently live with? (Your children) | 0=No; 1=Yes |
| Q24_parents | Who do you currently live with? (Parents - either yours and/or your partner's parents) | 0=No; 1=Yes |
| Q24_grandparents | Who do you currently live with? (Grandparents – either yours and/or or your partner's grandparents) | 0=No; 1=Yes |
| Q24_other_relatives | Who do you currently live with? (Other relatives) | 0=No; 1=Yes |
| Q24_friends | Who do you currently live with? (Friends) | 0=No; 1=Yes |
| Q24_housemates | Who do you currently live with? (Housemates/flatmates) | 0=No; 1=Yes |
| Q24_other | Who do you currently live with? (Other) | 0=No; 1=Yes |
| Q25_work | Over the past week how many times have you left home for: work? | [numerical input] |
| Q25_shopping_groceries | Over the past week how many times have you left home for: Shopping (groceries)? | [numerical input] |

| Variable | Description | Coding |
|-----------------------------|---|-------------------|
| Q25_shopping_medical | Over the past week how many times have you left home for: Shopping (medical supplies)? | [numerical input] |
| Q25_shopping_other | Over the past week how many times have you left home for: Shopping (other)? | [numerical input] |
| Q25_medical | Over the past week how many times have you left home for: Medical or allied health (dentist, physio, etc) appointment? | [numerical input] |
| Q25_counselling | Over the past week how many times have you left home for: Counselling appointment? | [numerical input] |
| Q25_centrelink | Over the past week how many times have you left home for: Centrelink sign-up or appointment? | [numerical input] |
| Q25_social_services | Over the past week how many times have you left home for: Social services sign-up or appointment, e.g. housing assistance, crisis accommodation etc.? | [numerical input] |
| Q25_financial_inst | Over the past week how many times have you left home for: Financial institution appointment? | [numerical input] |
| Q25_exercise | Over the past week how many times | [numerical input] |

| Variable | Description | Coding |
|----------------------------|---|-------------------|
| | have you left home for: Exercise? | |
| Q25_visit_family | Over the past week how many times have you left home for: Visiting your other family members? | [numerical input] |
| Q25_visit_friends | Over the past week how many times have you left home for: Visiting friends or neighbours? | [numerical input] |
| Q25_other | Over the past week how many times have you left home for: Other reasons? | [numerical input] |
| Q26_healthcare | Over the past week how many times have you had contact with various community services? (Healthcare providers, e.g. GP via telehealth etc.) | [numerical input] |
| Q26_counselling | Over the past week how many times have you had contact with various community services? (Counselling services, e.g. psychologist, psychiatrist etc.) | [numerical input] |
| Q26_social_services | Over the past week how many times have you had contact with various community services? (Social services, e.g. housing assistance, crisis accommodation etc.) | [numerical input] |
| Q26_centrelink | Over the past week how many times have you had | [numerical input] |

| Variable | Description | Coding |
|---------------------------|---|-------------------|
| | contact with various community services? (Centrelink benefits etc.) | |
| Q26_mental_health | Over the past week how many times have you had contact with various community services? (Mental health services, e.g. Beyondblue, Lifeline etc.) | [numerical input] |
| Q26_food_assist | Over the past week how many times have you had contact with various community services? (Food assistance services, e.g. Anglicare, Salvation Army etc.) | [numerical input] |
| Q26_financial_inst | Over the past week how many times have you had contact with various community services? (Financial institutions/assistance services) | [numerical input] |
| Q26_other | Over the past week how many times have you had contact with various community services? (Other providers) | [numerical input] |
| Q27_work | Over the past week, how many people have visited your home for the following purposes: To undertake work? | [numerical input] |
| Q27_food_delivery | Over the past week, how many people have visited your home for the | [numerical input] |

| Variable | Description | Coding |
|-------------------------------|--|-------------------|
| | following purposes: To deliver food or other goods? | |
| Q27_med_assessment | Over the past week, how many people have visited your home for the following purposes: To conduct medical assessments/appointments? | [numerical input] |
| Q27_exercise | Over the past week, how many people have visited your home for the following purposes: To exercise? | [numerical input] |
| Q27_twin_visit | Over the past week, how many people have visited your home for the following purposes: To visit you (your twin)? | [numerical input] |
| Q27_family_visit | Over the past week, how many people have visited your home for the following purposes: To visit you (other family members)? | [numerical input] |
| Q27_friends_visit | Over the past week, how many people have visited your home for the following purposes: To visit you (friends or neighbours)? | [numerical input] |
| Q27_other | Over the past week, how many people have visited your home for the following purposes: Other reasons? | [numerical input] |
| Q28_how_long_home_days | For how long have you been staying at | [numerical input] |

| Variable | Description | Coding |
|--------------------------------|--|--|
| | home and only leaving the house for essential purposes? Please answer in days OR weeks. (Days) | |
| Q28_how_long_home_weeks | For how long have you been staying at home and only leaving the house for essential purposes? Please answer in days OR weeks (Weeks) | [numerical input] |
| Q29_occup_before_covid | Before COVID-19 restrictions began in late March 2020, what was your usual main activity? | 1="Working full-time"; 2="Working part-time"; 3="Studying"; 4="Looking for work"; 5="Studying and working"; 6="Not doing paid work + not looking for work"; 7="Don't know / prefer not to answer"; 8="Other" |
| Q29_other | Before COVID-19 restrictions began in late March 2020, what was your usual main activity? (Other) | [free text] |
| Q30_occupation | Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation? | 1="Accounting, Banking and Financial Services"; 2="Administration and Human Resources"; 3="Advertising, Public Relations, Media and Arts"; 4="Agriculture, Animal and Horticulture"; 5="Automotive, Transport and Logistics"; 6="Construction, Architecture and Design"; 7="Education and Training"; 8="Electrical and Electronics"; 9="Engineers and Engineering Trades"; 10="Executive and General Management"; 11="Government, Defence and Protective Services"; 12="Health and Community Services"; 13="Hospitality, Food Services and Tourism"; 14="Information and Communication Technology (ICT)"; 15="Legal and Insurance"; 16="Manufacturing"; 17="Mining and Energy"; 18="Personal Services"; 19="Sales, Retail, Wholesale and Real Estate"; |

| Variable | Description | Coding |
|---|--|--|
| | | 20="Science"; 21 "Sports and Recreation"; 22="Don't know/prefer not to answer" |
| Q30_occupation_other | Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation? (Other) | [free text] |
| Q31_healthcare_worker | Are you a healthcare worker? | 0=No; 1=Yes |
| Q32_covid_change_income | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of income) | 0=No; 1=Yes |
| Q32_covid_change_occupation | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of occupation) | 0=No; 1=Yes |
| Q32_covid_change_accommodation | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of accommodation) | 0=No; 1=Yes |
| Q32_covid_change_mental_health | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of mental health) | 0=No; 1=Yes |
| Q32_covid_change_physical_health | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of physical health (other than being | 0=No; 1=Yes |

| Variable | Description | Coding |
|--------------------------------------|---|--|
| | diagnosed with COVID-19)) | |
| Q32_covid_change_relationship | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of relationship) | 0=No; 1=Yes |
| Q32_covid_threatened_abuse | Since the COVID-19 restrictions, have you personally experienced any of the following events? (A feeling of being threatened by your partner/ex-partner/another family/household member?) | 0=No; 1=Yes |
| Q32_covid_assault | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Assault or violence) | 0=No; 1=Yes |
| Q32_none | Since the COVID-19 restrictions, have you personally experienced any of the following events? (None of the above) | 0=No; 1=Yes |
| Q32_other_text | Since the COVID-19 restrictions, have you personally experienced any of the following events? (Other) | [free text] |
| Q33_work_situation | Are you still working currently? | 1="I am still leaving the house to go to work as before"; 2="I am now working from home"; 3="I am working from home as before"; 4="I am still leaving the house to go to work as before"; 5="I am now unemployed/laid off due to work shut |

| Variable | Description | Coding |
|---------------------------------------|--|---|
| | | down”; 6=“Don’t know/prefer not to answer”; 7=“Other” |
| Q33_work_situation_other | Are you still working currently? (Other) | [free text] |
| Q34_work_schedule_change | Have your working hours/schedule changed? | 1=“No change”; 2=“Yes, I’m working reduced hours”; 3=“Yes, I’m working extra hours (paid)”; 4=“Yes, I’m working extra hours (unpaid)”; 5=“Yes, I’m working different shifts”; 6=“Don’t know/prefer not to answer” |
| Q34_work_schedule_change_other | Have your working hours/schedule changed? (Other) | [free text] |
| Q35_income_self_before | On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select “Not Applicable” for household income if you are financially independent to your household members. (\$AUD) (Personal income prior to the COVID-19 pandemic) | 1=“Zero or negative”; 2=“Up to \$10k”; 3=“\$10k to 20k”; 4=“\$20k to 30k”; 5=“\$30k to 40k”; 6=“\$40k to 50k”; 7=“\$50k to 60k”; 8=“\$60k to 80k”; 9=“\$80k to 100k”; 10=“\$100k to 125k”; 11=“\$125k to 150k”; 12=“\$150k to 200k”; 13=“\$200k+”; 14=“Don’t know/prefer not to answer” |
| Q35_income_house_before | On average, select one of the following categories to report your personal income and your total combined | 1=“Zero or negative”; 2=“Up to \$10k”; 3=“\$10k to 20k”; 4=“\$20k to 30k”; 5=“\$30k to 40k”; 6=“\$40k to 50k”; 7=“\$50k to 60k”; 8=“\$60k to 80k”; 9=“\$80k to 100k”; 10=“\$100k to 125k”; 11=“\$125k to 150k”; 12=“\$150k to 200k”; 13=“\$200k+”; 14=“Don’t know/prefer not to answer” |

| Variable | Description | Coding |
|-------------------------------------|--|---|
| | <p>household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Household income prior to the COVID-19 pandemic)</p> | <p>12="">\$150k to 200k"; 13=" "\$200k+"; 14="Don't know/prefer not to answer"</p> |
| <p>Q35_income_self_after</p> | <p>On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Current personal income)</p> | <p>1="Zero or negative"; 2="Up to \$10k"; 3=" \$10k to 20k"; 4=" \$20k to 30k"; 5=" \$30k to 40k"; 6=" \$40k to 50k"; 7=" \$50k to 60k"; 8=" \$60k to 80k"; 9=" \$80k to 100k"; 10=" \$100k to 125k"; 11=" \$125k to 150k"; 12=" \$150k to 200k"; 13=" \$200k+"; 14="Don't know/prefer not to answer"</p> |

| Variable | Description | Coding |
|------------------------------------|--|---|
| Q35_income_house_after | On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Current household income) | 1="Zero or negative"; 2="Up to \$10k"; 3="\$10k to 20k"; 4="\$20k to 30k"; 5="\$30k to 40k"; 6="\$40k to 50k"; 7="\$50k to 60k"; 8="\$60k to 80k"; 9="\$80k to 100k"; 10="\$100k to 125k"; 11="\$125k to 150k"; 12="\$150k to 200k"; 13="\$200k+"; 14="Don't know/prefer not to answer" |
| Q36_current_physical_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My physical health) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |
| Q36_current_mental_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My mental health) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |
| Q36_current_social_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My social health) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |

| Variable | Description | Coding |
|--|---|--|
| Q36_current_close_relationships | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My close relationships) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |
| Q36_current_financial_position | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My financial position) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |
| Q36_current_self_esteem | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My self-esteem) | -2="Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; 1="Has become better"; 2="Has become much better" |
| Q37_health_100 | Please write a number in the box from 0 to 100 which best describes how your health is TODAY | [numerical input, 0-100] |
| Q38_mobility | The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Mobility) | 1="I have no problems walking about"; 2="I have some problems walking about"; 3="I am confined to bed" |
| Q38_self_care | The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY | 1="I have no problems with washing or dressing myself"; 2="I have some problems with washing or dressing myself"; 3="I am unable to wash or dress myself" |
| Q38_usual_activities | The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Usual activities (e.g. | 1="I have no problems performing my usual activities"; 2="I have some problems performing my usual activities"; 3="I am unable to perform my usual activities" |

| Variable | Description | Coding |
|-------------------------------|--|--|
| | work, study, housework, family or leisure activities) | |
| Q38_pain_discomfort | The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Pain/discomfort) | 1="I have no pain or discomfort"; 2="I have moderate pain or discomfort"; 3="I have extreme pain or discomfort" |
| Q38_anxiety_depression | The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Anxiety/depression) | 1="I am not anxious or depressed"; 2="I am moderately anxious or depressed"; 3="I am extremely anxious or depressed" |
| Q39_nervous | Over the past week, about how often did you feel...nervous? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q39_hopeless | Over the past week, about how often did you feel...hopeless? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q39_restless_fidgety | Over the past week, about how often did you feel...restless or fidgety? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q39_depressed | Over the past week, about how often did you feel...so depressed that nothing could cheer you up? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q39_effort | Over the past week, about how often did you feel...that everything was an effort? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q39_worthless | Over the past week, about how often did you feel...worthless? (K6) | -2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time" |
| Q40_employment | What are you concerned about | 0=No; 1=Yes |

| Variable | Description | Coding |
|-------------------------------|--|-------------|
| | right now? (Employment) | |
| Q40_bills | What are you concerned about right now? (Meeting ongoing bill payments) | 0=No; 1=Yes |
| Q40_health | What are you concerned about right now? (My own health) | 0=No; 1=Yes |
| Q40_family_health | What are you concerned about right now? (My family's health) | 0=No; 1=Yes |
| Q40_elderly_health | What are you concerned about right now? (My elderly relatives' health) | 0=No; 1=Yes |
| Q40_losing_job | What are you concerned about right now? (Losing my job) | 0=No; 1=Yes |
| Q40_losing_home | What are you concerned about right now? (Losing my home) | 0=No; 1=Yes |
| Q40_ability_homeschool | What are you concerned about right now? (My/our ability to adequately home-school my/our children) | 0=No; 1=Yes |
| Q40_no_concerns | What are you concerned about right now? (I have no concerns) | 0=No; 1=Yes |
| Q40_dont_know | What are you concerned about right now? (Don't know / prefer not to answer) | 0=No; 1=Yes |
| Q40_other | What are you concerned about right now? (Other) | [free text] |

| Variable | Description | Coding |
|-------------------------|---|--|
| Q41_most_concern1 | Currently, which of the following causes you the most concern? | 1="Employment"; 2="Meeting ongoing bill payments"; 3="My own health"; 4="My twin's health"; 5="My family's health"; 6="My elderly's relatives health"; 7="Losing my job"; 8="Losing my home"; 9="I have no concerns"; 10="Don't know/prefer not to answer"; 99="Other" |
| Q41_most_concern2 | Currently, which of the following causes you the most concern? (Other) | [free text] |
| Q42_A_wound_up | <i>Thinking about the past week - to what extent, if at all have you been feeling the following?</i> I feel tense or "wound up" | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_A_worrying_thoughts | <i>Still thinking about the past week - to what extent, if at all, have you been feeling the following?</i> Worrying thoughts go through my mind | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_A_ease_relaxed | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I can sit at ease and feel relaxed | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_A_butterflies | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I get a sort of frightened feeling like "butterflies" in the stomach | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_A_on_the_move | <i>Still thinking about the past week - to</i> | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: |

| Variable | Description | Coding |
|---------------------------|---|--|
| | <i>what extent, if at all have you been feeling the following?</i> I feel restless as if I have to be on the move | https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_A_panic | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I get sudden feelings of panic | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_enjoy_things | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I still enjoy the things I used to enjoy | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_laugh | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I can laugh and see the funny side of things | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_cheerful | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I feel cheerful | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_slowed_down | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |

| Variable | Description | Coding |
|--------------------------------------|---|--|
| | I feel as if I am slowed down | |
| Q42_D_appearance | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I have lost interest in my appearance | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_look_forward | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I look forward with enjoyment to things | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q42_D_book_radio_tv | <i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I can enjoy a good book or radio or TV programme | Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf |
| Q43_willing_take_risks | Please tell us, in general, how willing or unwilling you are to take risks? | Scale from -2 to 2, where -2="Very unwilling to take risks", 2="Very willing to take risks" and 0 is neutral. |
| Q44_willing_to_give_up | How willing are you to give up something that is beneficial for you today in order to benefit more from that in the future? | Scale from -2 to 2, where -2="Completely unwilling to do so", 2="Very willing to do so" and 0 is neutral. |
| Q45_people_best_intentions | How well does the following statement describe you as a person? "I assume that people have only the best intentions." | Scale from -2 to 2, where -2="Does not describe me at all", 2="Describes me perfectly" and 0 is neutral. |
| Q46_emotional_support_listenn | Is there someone available to you | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; |

| Variable | Description | Coding |
|---------------------------------------|---|--|
| | whom you can count on to listen to you when you need to talk? | 4="Most of the time"; 5="All the time" |
| Q46_emotional_support_advice | Is there someone available to you to give you good advice about a problem? | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time" |
| Q46_emotional_support_love | Is there someone available to you who shows you love and affection? | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time" |
| Q46_emotional_support_chores | Is there someone to help you with daily chores? | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time" |
| Q46_emotional_support_support | Can you count on anyone to provide you with emotional support (talking over problems or helping you make a difficult decision)? | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time" |
| Q46_emotional_support_close_to | Do you have as much contact as you would like with someone you feel close to, someone in whom you can trust and confide? | 1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time" |
| Q46_married_binary | Are you currently married or living with a partner? | 0=No; 1=Yes |
| Q49_assist_you_rely_on | How many people other than your twin can rely on you for practical assistance or emotional support if they need it during the pandemic? | 1="No-one"; 2="My spouse/partner"; 3="One person (other than your spouse/partner if you are partnered)"; 4="2-5 people (other than your spouse/partner if you are partnered)"; 5="More than 5 people (other than your spouse/partner if you are partnered)"; 6="Don't know/prefer not to answer" |
| Q50_assist_rely_on_you | How many people other than your twin can you rely on for practical assistance or emotional support | 1="No-one"; 2="My spouse/partner"; 3="One person (other than your spouse/partner if you are partnered)"; 4="2-5 people (other than your spouse/partner if you are partnered)"; 5="More than 5 people (other than your spouse/partner if you are |

| Variable | Description | Coding |
|---------------------------------|--|---|
| | during the pandemic if you need it? | partnered)”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_1 | Please respond to each item by marking one box per row (I tend to bounce back quickly after hard times) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_2 | Please respond to each item by marking one box per row (I have a hard time making it through stressful events) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_3 | Please respond to each item by marking one box per row (It does not take me long to recover from a stressful event) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_4 | Please respond to each item by marking one box per row (It is hard for me to snap back when something bad happens) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_5 | Please respond to each item by marking one box per row (I usually come through difficult times with little trouble) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q51_resilience_6 | Please respond to each item by marking one box per row (I tend to take a long time to get over set-backs in my life) | 1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer” |
| Q52_chance_getting_covid | Please write a number in the box below from 0 to 100 percent, to indicate | [numerical input, 0-100] |

| Variable | Description | Coding |
|----------------------------------|--|---|
| | the percent chance you will get COVID-19 in the next three months. | |
| Q53_worried_getting_covid | On a scale of 1 to 5, how worried or concerned are you about contracting COVID-19/ coronavirus? | Scale from -2 to 2, where -2="Not worried / concerned at all", 2="Extremely worried / concerned" and 0 is neutral. |
| Q54_change_dying_covid | Please write a number in the box below from 0 to 100 percent, to indicate the percent chance you think you might die if you got COVID-19 | Integers 0-100 |
| Q55_community_proud | Please answer to what degree you agree with the following (I am proud to be a member of my community) | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q55_community_part | Please answer to what degree you agree with the following (I feel I am part of the community) | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q55_community_values | Please answer to what degree you agree with the following (People in my neighbourhood share the same values) | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q55_community_live | Please answer to what degree you agree with the following (My neighbourhood is a good place to live) | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q55_community_neighbours | Please answer to what degree you | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; |

| Variable | Description | Coding |
|---|---|---|
| | agree with the following (I trust my neighbours) | 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q55_community_things_done | Please answer to what degree you agree with the following (People work together to get things done for the community) | 1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer" |
| Q56_nextyear_physical_health | Over the next year, how confident are you about your... physical health? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q56_nextyear_mental_health | Over the next year, how confident are you about your... mental health? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q56_nextyear_social_health | Over the next year, how confident are you about your... social health? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q56_nextyear_close_relationships | Over the next year, how confident are you about your... close relationships? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q56_nextyear_financial_position | Over the next year, how confident are you about your... financial position? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q56_nextyear_self_esteem | Over the next year, how confident are you about your... self-esteem? | -2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident" |
| Q57_optimism_own_future | Overall, how optimistic or pessimistic would you say you are about each of the following? (Your own future) | 1="Very pessimistic"; 2="Somewhat pessimistic"; 3="Neutral"; 4="Somewhat optimistic"; 5="Very optimistic"; 6="Don't know" |
| Q57_optimism_australia | Overall, how optimistic or pessimistic would you say you are about each of the | 1="Very pessimistic"; 2="Somewhat pessimistic"; 3="Neutral"; 4="Somewhat optimistic"; 5="Very optimistic"; 6="Don't know" |

| Variable | Description | Coding |
|-------------------------------------|--|--|
| | following? (The future of Australia) | |
| Q57_optimism_world | Overall, how optimistic or pessimistic would you say you are about each of the following? (The future of the World) | 1="Very pessimistic"; 2="Somewhat pessimistic"; 3="Neutral"; 4="Somewhat optimistic"; 5="Very optimistic"; 6="Don't know" |
| Q58_maintaingov_restrictions | How many more weeks/months do you think the government will keep enforcing restrictions due to COVID-19? | 1="Less than a week"; 2="About 2 weeks"; 3="About a month"; 4="About 3 months"; 5="About 6 months"; 6="About 9 months"; 7="About a year"; 8="Over a year"; 9="Don't know/prefer not to answer" |
| Q59_maintain_lifestyle | How many more weeks/months do you think you could maintain your current state/lifestyle under the COVID-19 restrictions? | 1="Less than a week"; 2="About 2 weeks"; 3="About a month"; 4="About 3 months"; 5="About 6 months"; 6="About 9 months"; 7="About a year"; 8="Over a year"; 9="Don't know/prefer not to answer" |
| Q60_comments | Thank you for taking part in this survey. Please feel free to provide any additional feedback or comments in the box below | [free text] |