

Twins Research Australia COVID-19 Knowledge, Experience, Reaction and Resilience Study



Data Dictionary: Adult Twins, Phase 1

Variable	Description	Coding
intProject_UID	Unique twin identifier	String (five digit pair identifier followed by a hyphen and either "A" or "B" to represent each twin within the pair)
postcode	Postcode	[free text]
state	State	[free text]
country	Country	[free text]
db_gender	Gender as recorded on the TRA database	1="Male"; 2="Female"
study_gender	Gender as reported in the survey	1="Female"; 2="Male"; 3="Prefer not to answer"; 99="Other"
study_gender_other	Gender as reported in the survey ("other" free text box)	[free text]
age	Age in years	Integer
db_zyg	Zygoty as recorded on the TRA database	1="MZ"; 2="DZ"; 9="Unknown"
db_zyg_source	Zygoty source as recorded on the TRA database	String with values: "DNA tested" "Do not look identical" "Doctor's report" "Look identical" "Male/female pair" "Parent's report" "Peas in a Pod Qxn (Jnr)" "Peas in a Pod Qxn (Snr)" "Same placenta" "Self report" "Unknown"
zygoty_best_est	Best estimate of zygoty from either the database zygoty or the Peas-in-a-Pod questions from this survey.	1="MZ"; 2="DZ"; 9="Unknown"

Variable	Description	Coding
date_started	Date survey was started	Date
Q1_pip_1	Are you and your twin as alike as two peas in pod?	1="As alike as two peas in a pod"; 2="Usual sibling similarity"; 3="Quite different"
Q2_pip_2	Were you and your twin mixed-up as children?	1="Yes, very often"; 2="Now and then"; 3="Never"
Q3_pip_3_parents	By whom were you mixed up? (Parents)	0="No"; 1="Yes"
Q3_pip_3_teachers	By whom were you mixed up? (Teachers)	0="No"; 1="Yes"
Q3_pip_3_others	By whom were you mixed up? (Others)	0="No"; 1="Yes"
Q3_pip_3_nobody	By whom were you mixed up? (Nobody)	0="No"; 1="Yes"
Q4_years_lived_with_twin	For how many years (including your childhood) have you lived/did you live with your twin?	[numerical input]
Q5_twin_enjoy_company	On a scale of 1 to 5, when you and your twin are together, how much do you enjoy each other's company?	-2="Do not enjoy at all"; -1="Do not enjoy much"; 0="Neutral"; 1="Enjoy much"; 2="Enjoy very much"
Q6_twin_emotion_supp	On a scale of 1 to 5, when you experience a need for emotional support, how often do you contact your twin for assistance?	-2="Not contact at all"; -1="Little contact"; 0="Neutral"; 1="Much contact"; 2="A lot of contact"
Q7_weight	What is your current weight? (kgs)	[numerical input]
Q8_height	What is your current height?	[numerical input]
Q9_covid_test	Have you been tested for COVID-19?	0="No"; 1="Yes"
Q10_test_results	If you answered yes to the previous question, what were the results?	1="Positive"; 2="Negative"; 3="Don't know/yet to receive results"; 4 "Prefer not to answer"

Variable	Description	Coding
Q11_covid_test_date_results	If you were tested for COVID-19, please tell us the date you received the results	Date/Time
Q12_covid_source	What was the probable source of your COVID-19 exposure?	1="Acquired overseas"; 2="Family member"; 3="Community transmission"; 4="I was in hospital for an unrelated health issue"; 5="Unclear / don't know"
Q13_covid_treatment	If a positive test was received, are you/were you undergoing treatment for COVID-19?	1="Yes, I was in ICU"; 2="Yes, I am in / was in hospital"; 3="Yes, I am remaining / did remain at home"; 4="No, I am not / was not undergoing treatment"; 99="Other"
Q13_covid_treatment_text	If a positive test was received, are you/were you undergoing treatment for COVID-19? (Other)	[free text]
Q18_symp_past_fever	Did you have any of the following symptoms when you got tested? (Fever)	0="No"; 1="Yes"
Q14_symp_past_cough	Did you have any of the following symptoms when you got tested? (Coughing)	0="No"; 1="Yes"
Q14_symp_past_sore_throat	Did you have any of the following symptoms when you got tested? (Sore throat)	0="No"; 1="Yes"
Q14_symp_past_fatigue	Did you have any of the following symptoms when you got tested? (Fatigue (tiredness))	0="No"; 1="Yes"
Q14_symp_past_short_breath_rest	Did you have any of the following symptoms when you got tested?	0="No"; 1="Yes"

Variable	Description	Coding
	(Shortness of breath at rest)	
Q14_symp_past_short_breath_ex	Did you have any of the following symptoms when you got tested? (Shortness of breath after exercise)	0="No"; 1="Yes"
Q14_symp_past_wheeze_asthma	Did you have any of the following symptoms when you got tested? (Wheeze/asthma)	0="No"; 1="Yes"
Q14_symp_past_change_taste_smell	Did you have any of the following symptoms when you got tested? (Changes to taste/smell)	0="No"; 1="Yes"
Q14_symp_past_medic_asthma	Did you have any of the following symptoms when you got tested? (Increase in use of medication for asthma/wheezing)	0="No"; 1="Yes"
Q14_symp_past_no_symp	Did you have any of the following symptoms when you got tested? (I did not have any symptoms)	0="No"; 1="Yes"
Q14_symp_past_other	Did you have any of the following symptoms when you got tested? (Other)	[free text]
Q15_how_feeling	If you have not been tested or diagnosed with COVID-19, how are you currently feeling?	1="As healthy as usual"; 2="Not quite right"; 3="Don't know/prefer not answer"
Q16_symp_now_fever	Do you currently have any of the following symptoms? (Fever)	0="No"; 1="Yes"
Q16_symp_now_cough	Do you currently have any of the following	0="No"; 1="Yes"

Variable	Description	Coding
	symptoms? (Coughing)	
Q16_symp_now_sore_throat	Do you currently have any of the following symptoms? (Sore throat)	0="No"; 1="Yes"
Q16_symp_now_fatigue	Do you currently have any of the following symptoms? (Fatigue (tiredness))	0="No"; 1="Yes"
Q16_symp_now_short_breath_rest	Do you currently have any of the following symptoms? (Shortness of breath at rest)	0="No"; 1="Yes"
Q16_symp_now_short_breath_ex	Do you currently have any of the following symptoms? (Shortness of breath after exercise)	0="No"; 1="Yes"
Q16_symp_now_wheeze_asthma	Do you currently have any of the following symptoms? (Wheeze/asthma)	0="No"; 1="Yes"
Q16_symp_now_change_taste_smell	Do you currently have any of the following symptoms? (Changes to taste/smell)	0="No"; 1="Yes"
Q16_symp_now_medic_asmt_ha_wheeze	Do you currently have any of the following symptoms? (Increase in use of medication for asthma/wheezing)	0="No"; 1="Yes"
Q16_symp_now_other	Do you currently have any of the following symptoms? (Other)	[free text]

Variable	Description	Coding
Q17_seek_med_att	Are you planning to seek medical attention related to COVID-19 within the next week? (If answered 'Don't know/prefer not to answer' or 'I'm not feeling quite right' to Q13)	1="Yes"; 2="No"; 3="Don't know/unsure"; 4 "Prefer not to answer"
Q18_reason_no_med_attention	Please tell us why you are not planning to or why you are unsure about seeking medical attention:	[free text]
Q19_knowledge_covid	On a scale of 1 to 5, how much do you think you know about COVID-19?	-2="Don't know much at all"; -1="Don't know a lot"; 0="Neutral"; 1="Know some"; 2="Know a lot"
Q20_television	Which of these sources do you use to obtain information about COVID-19? (Television)	0="No"; 1="Yes"
Q20_official_websites	Which of these sources do you use to obtain information about COVID-19? (Official websites (Australian Department of Health, State Govt, WHO etc.))	0="No"; 1="Yes"
Q20_newspapers	Which of these sources do you use to obtain information about COVID-19? (Newspapers)	0="No"; 1="Yes"
Q20_radio	Which of these sources do you use to obtain information about COVID-19? (Radio)	0="No"; 1="Yes"

Variable	Description	Coding
Q20_social_media	Which of these sources do you use to obtain information about COVID-19? (Social media)	0="No"; 1="Yes"
Q20_family	Which of these sources do you use to obtain information about COVID-19? (Family / friends)	0="No"; 1="Yes"
Q20_work	Which of these sources do you use to obtain information about COVID-19? (Work / university / school)	0="No"; 1="Yes"
Q20_prefer_not_to	Which of these sources do you use to obtain information about COVID-19? (I prefer not to read or hear about COVID-19)	0="No"; 1="Yes"
Q20_other	Which of these sources do you use to obtain information about COVID-19? (Other)	[free text]
Q21_television	In the past week, how often do you check these information sources about COVID-19? (Television)	String with values "1", "2",... "9", "10+"
Q21_television_week_or_day	Per day/per week	String with values "Per Day" or "Per Week"
Q21_official_websites	In the past week, how often do you check these information sources about COVID-19?? (Official websites (Australian Department of	String with values "1", "2",... "9", "10+"

Variable	Description	Coding
	Health, State Govt, WHO etc.))	
Q21_official_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_newspapers	In the past week, how often do you check these information sources about COVID-19?? (Newspapers)	String with values “1”, “2”,... “9”, “10+”
Q21_newspapers_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_radio	In the past week, how often do you check these information sources about COVID-19?? (Radio)	String with values “1”, “2”,... “9”, “10+”
Q21_radio_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_social_media	In the past week, how often do you check these information sources about COVID-19?? (Social media)	String with values “1”, “2”,... “9”, “10+”
Q21_social_media_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_family	In the past week, how often do you check these information sources about COVID-19?? (Family/friends)	String with values “1”, “2”,... “9”, “10+”
Q21_family_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_work	In the past week, how often do you check these information sources about COVID-19?? (Work/university/school)	String with values “1”, “2”,... “9”, “10+”
Q21_work_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q21_other	In the past week, how often do you check these information sources about COVID-19??	String with values “1”, “2”,... “9”, “10+”

Variable	Description	Coding
	(Other (as specified above))	
Q21_other_week_or_day	Per day/per week	String with values “Per Day” or “Per Week”
Q24_parents	Who do you currently live with? (Parents - either yours and/or your partner's parents)	0=“No”; 1=“Yes”
Q24_grandparents	Who do you currently live with? (Grandparents – either yours and/or or your partner’s grandparents)	0=“No”; 1=“Yes”
Q24_other_relatives	Who do you currently live with? (Other relatives)	0=“No”; 1=“Yes”
Q24_friends	Who do you currently live with? (Friends)	0=“No”; 1=“Yes”
Q24_housemates	Who do you currently live with? (Housemates/flatmates)	0=“No”; 1=“Yes”
Q24_other	Who do you currently live with? (Other)	[free text]
Q25_work	Over the past week how many times have you left home for: work?	[numerical input]
Q25_shopping_groceries	Over the past week how many times have you left home for: Shopping (groceries)?	[numerical input]
Q25_shopping_medical	Over the past week how many times have you left home for: Shopping (medical supplies)?	[numerical input]
Q25_shopping_other	Over the past week how many times have you left home for: Shopping (other)?	[numerical input]

Variable	Description	Coding
Q25_medical	Over the past week how many times have you left home for: Medical or allied health (dentist, physio, etc) appointment?	[numerical input]
Q25_counselling	Over the past week how many times have you left home for: Counselling appointment?	[numerical input]
Q25_centrelink	Over the past week how many times have you left home for: Centrelink sign-up or appointment?	[numerical input]
Q25_social_services	Over the past week how many times have you left home for: Social services sign-up or appointment, e.g. housing assistance, crisis accommodation etc.?	[numerical input]
Q25_financial_inst	Over the past week how many times have you left home for: Financial institution appointment?	[numerical input]
Q25_exercise	Over the past week how many times have you left home for: Exercise?	[numerical input]
Q25_visit_twin	Over the past week how many times have you left home for: Visiting your other family members?	[numerical input]
Q25_visit_family	Over the past week how many times have you left home	[numerical input]

Variable	Description	Coding
	for: Visiting friends or neighbours?	
Q25_visit_friends	Over the past week how many times have you left home for: Other reasons?	[numerical input]
Q25_other	Over the past week how many times have you left home for: work?	[numerical input]
Q26_healthcare	Over the past week how many times have you had contact with various community services? (Healthcare providers, e.g. GP via telehealth etc.)	[numerical input]
Q26_counselling	Over the past week how many times have you had contact with various community services? (Counselling services, e.g. psychologist, psychiatrist etc.)	[numerical input]
Q26_social_services	Over the past week how many times have you had contact with various community services? (Social services, e.g. housing assistance, crisis accommodation etc.)	[numerical input]
Q26_centrelink	Over the past week how many times have you had contact with various community services? (Centrelink benefits etc.)	[numerical input]
Q26_mental_health	Over the past week how many times have you had	[numerical input]

Variable	Description	Coding
	contact with various community services? (Mental health services, e.g. Beyondblue, Lifeline etc.)	
Q26_food_assist	Over the past week how many times have you had contact with various community services? (Food assistance services, e.g. Anglicare, Salvation Army etc.)	[numerical input]
Q26_financial_inst	Over the past week how many times have you had contact with various community services? (Financial institutions/assistance services)	[numerical input]
Q26_other	Over the past week how many times have you had contact with various community services? (Other providers)	[numerical input]
Q27_work	Over the past week, how many people have visited your home for the following purposes: To undertake work?	[numerical input]
Q27_food_delivery	Over the past week, how many people have visited your home for the following purposes: To deliver food or other goods?	[numerical input]
Q27_med_assessment	Over the past week, how many people have visited your home for the	[numerical input]

Variable	Description	Coding
	following purposes: To conduct medical assessments/appointments?	
Q27_exercise	Over the past week, how many people have visited your home for the following purposes: To exercise?	[numerical input]
Q27_twin_visit	Over the past week, how many people have visited your home for the following purposes: To visit you (your twin)?	[numerical input]
Q27_family_visit	Over the past week, how many people have visited your home for the following purposes: To visit you (other family members)?	[numerical input]
Q27_friends_visit	Over the past week, how many people have visited your home for the following purposes: To visit you (friends or neighbours)?	[numerical input]
Q27_other	Over the past week, how many people have visited your home for the following purposes: Other reasons?	[numerical input]
Q28_how_long_isolating_days	For how long have you been staying at home and only leaving the house for essential purposes? (Days)	[numerical input] (if participant answered in weeks, answer was multiplied by 7 to obtain this variable)
Q29_occup_before_covid	Before COVID-19 restrictions began in late March 2020,	1="Working full-time"; 2="Working part-time"; 3="Studying"; 4="Looking for work";

Variable	Description	Coding
	what was your usual main activity?	5="Studying and working"; 6="Not doing paid work + not looking for work"; 7="Don't know / prefer not to answer"; 99="Other"
Q29_other	Before COVID-19 restrictions began in late March 2020, what was your usual main activity? (Other)	[free text]
Q30_occupation	Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation?	1="Accounting, Banking and Financial Services"; 2="Administration and Human Resources"; 3="Advertising, Public Relations, Media and Arts"; 4="Agriculture, Animal and Horticulture"; 5="Automotive, Transport and Logistics"; 6="Construction, Architecture and Design"; 7="Education and Training"; 8="Electrical and Electronics"; 9="Engineers and Engineering Trades"; 10="Executive and General Management"; 11="Government, Defence and Protective Services"; 12="Health and Community Services"; 13="Hospitality, Food Services and Tourism"; 14="Information and Communication Technology (ICT)"; 15="Legal and Insurance"; 16="Manufacturing"; 17="Mining and Energy"; 18="Personal Services"; 19="Sales, Retail, Wholesale and Real Estate"; 20="Science"; 21 "Sports and Recreation"; 22="Don't know/prefer not to answer"; 99="Other"
Q30_occupation_other	Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation? (Other)	[free text]
Q31_healthcare_worker	Are you a healthcare worker?	0="No"; 1="Yes"
Q32_covid_change_income	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of income)	0="No"; 1="Yes"

Variable	Description	Coding
Q32_covid_change_occupation	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of occupation)	0="No"; 1="Yes"
Q32_covid_change_accomodation	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of accommodation)	0="No"; 1="Yes"
Q32_covid_change_mental_health	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of mental health)	0="No"; 1="Yes"
Q32_covid_change_physical_health	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of physical health (other than being diagnosed with COVID-19))	0="No"; 1="Yes"
Q32_covid_change_relationship	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Change of relationship)	0="No"; 1="Yes"
Q32_covid_threatened_abuse	Since the COVID-19 restrictions, have you personally experienced any of the following events? (A feeling of being threatened by your partner/ex-	0="No"; 1="Yes"

Variable	Description	Coding
	partner/another family/household member?)	
Q32_covid_assault	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Assault or violence)	0="No"; 1="Yes"
Q32_none	Since the COVID-19 restrictions, have you personally experienced any of the following events? (None of the above)	0="No"; 1="Yes"
Q32_other_text	Since the COVID-19 restrictions, have you personally experienced any of the following events? (Other)	[free text]
Q33_work_situation	Are you still working currently?	1="I am still leaving the house to go to work as before"; 2="I am now working from home"; 3="I am working from home as before"; 4="I am still leaving the house to go to work as before"; 5="I am now unemployed/laid off due to work shut down"; 6="Don't know/prefer not to answer"; 99="Other"
Q33_work_situation_other	Are you still working currently? (Other)	[free text]
Q34_work_schedule_change	Have your working hours/schedule changed?	1="No change"; 2="Yes, I'm working reduced hours"; 3="Yes, I'm working extra hours (paid)"; 4="Yes, I'm working extra hours (unpaid)"; 5="Yes, I'm working different shifts"; 6="Don't know/prefer not to answer"; 99="Other"
Q34_work_schedule_change_other	Have your working hours/schedule changed? (Other)	[free text]
Q35_income_self_before	On average, select one of the following categories to report your personal	1="Zero or negative"; 2="Up to \$10k"; 3="\$10k to 20k"; 4="\$20k to 30k"; 5="\$30k to 40k"; 6="\$40k to 50k"; 7="\$50k to 60k"; 8="\$60k to 80k"; 9="\$80k to 100k";

Variable	Description	Coding
	<p>income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Personal income prior to the COVID-19 pandemic)</p>	<p>10="\$100k to 125k"; 11="\$125k to 150k"; 12="\$150k to 200k"; 13="\$200k+"; 14="Don't know/prefer not to answer"</p>
Q35_income_house_before	<p>On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members.</p>	<p>1="Zero or negative"; 2="Up to \$10k"; 3="\$10k to 20k"; 4="\$20k to 30k"; 5="\$30k to 40k"; 6="\$40k to 50k"; 7="\$50k to 60k"; 8="\$60k to 80k"; 9="\$80k to 100k"; 10="\$100k to 125k"; 11="\$125k to 150k"; 12="\$150k to 200k"; 13="\$200k+"; 14="Don't know/prefer not to answer"</p>

Variable	Description	Coding
	(\$AUD) (Household income prior to the COVID-19 pandemic)	
Q35_income_self_after	<p>On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Current personal income)</p>	<p>1="Zero or negative"; 2="Up to \$10k"; 3="\$10k to 20k"; 4="\$20k to 30k"; 5="\$30k to 40k"; 6="\$40k to 50k"; 7="\$50k to 60k"; 8="\$60k to 80k"; 9="\$80k to 100k"; 10="\$100k to 125k"; 11="\$125k to 150k"; 12="\$150k to 200k"; 13="\$200k+"; 14="Don't know/prefer not to answer"</p>
Q35_income_house_after	<p>On average, select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please</p>	<p>1="Zero or negative"; 2="Up to \$10k"; 3="\$10k to 20k"; 4="\$20k to 30k"; 5="\$30k to 40k"; 6="\$40k to 50k"; 7="\$50k to 60k"; 8="\$60k to 80k"; 9="\$80k to 100k"; 10="\$100k to 125k"; 11="\$125k to 150k"; 12="\$150k to 200k"; 13="\$200k+"; 14="Don't know/prefer not to answer"</p>

Variable	Description	Coding
	select “Not Applicable” for household income if you are financially independent to your household members. (\$AUD) (Current household income)	
Q36_current_physical_health	Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My physical health)	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”; 1=“Has become better”; 2=“Has become much better”
Q36_current_mental_health	Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My mental health)	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”; 1=“Has become better”; 2=“Has become much better”
Q36_current_social_health	Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My social health)	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”; 1=“Has become better”; 2=“Has become much better”
Q36_current_close_relationships	Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My close relationships)	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”; 1=“Has become better”; 2=“Has become much better”
Q36_current_financial_position	Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My financial position)	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”; 1=“Has become better”; 2=“Has become much better”
Q36_current_self_esteem	Compared with before COVID-19 restrictions, how do	-2=“Has become much worse”; -1=“Has become worse”; 0=“Has stayed the same”;

Variable	Description	Coding
	you CURRENTLY rate yourself on the following? (My self-esteem)	1="Has become better"; 2="Has become much better"
Q37_health_100	Please write a number in the box from 0 to 100 which best describes how your health is TODAY	[numerical input, 0-100]
Q38_mobility	The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Mobility)	1="I have no problems walking about"; 2="I have some problems walking about"; 3="I am confined to bed"
Q38_self_care	The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY	1="I have no problems with washing or dressing myself"; 2="I have some problems with washing or dressing myself"; 3="I am unable to wash or dress myself"
Q38_usual_activities	The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Usual activities (e.g. work, study, housework, family or leisure activities))	1="I have no problems performing my usual activities"; 2="I have some problems performing my usual activities"; 3="I am unable to perform my usual activities"
Q38_pain_discomfort	The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Pain/discomfort)	1="I have no pain or discomfort"; 2="I have moderate pain or discomfort"; 3="I have extreme pain or discomfort"
Q38_anxiety_depression	The next few questions ask you to tick the ONE box under each heading that best describes your health TODAY (Anxiety/depression)	1="I am not anxious or depressed"; 2="I am moderately anxious or depressed"; 3="I am extremely anxious or depressed"

Variable	Description	Coding
Q39_nervous	Over the past week, about how often did you feel...nervous? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q39_hopeless	Over the past week, about how often did you feel...hopeless? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q39_restless_fidgety	Over the past week, about how often did you feel...restless or fidgety? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q39_depressed	Over the past week, about how often did you feel...so depressed that nothing could cheer you up? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q39_effort	Over the past week, about how often did you feel...that everything was an effort? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q39_worthless	Over the past week, about how often did you feel...worthless? (K6)	-2="All of the time"; -1="Most of the time"; 0="Some of the time"; 1="A little of the time"; 2="None of the time"
Q40_employment	What are you concerned about right now? (Employment)	0="No"; 1="Yes"
Q40_bills	What are you concerned about right now? (Meeting ongoing bill payments)	0="No"; 1="Yes"
Q40_health	What are you concerned about right now? (My own health)	0="No"; 1="Yes"
Q40_twin_health		
Q40_family_health	What are you concerned about right now? (My family's health)	0="No"; 1="Yes"

Variable	Description	Coding
Q40_elderly_health	What are you concerned about right now? (My elderly relatives' health)	0="No"; 1="Yes"
Q40_losing_job	What are you concerned about right now? (Losing my job)	0="No"; 1="Yes"
Q40_losing_home	What are you concerned about right now? (Losing my home)	0="No"; 1="Yes"
Q40_no_concerns	What are you concerned about right now? (I have no concerns)	0="No"; 1="Yes"
Q40_other	What are you concerned about right now? (Other)	[free text]
Q41_most_concern	Of those concerns you ticked/mentioned above, which one causes you the MOST CONCERN right now?	1="Employment"; 2="Meeting ongoing bill payments"; 3="My own health"; 4="My twin's health"; 5="My family's health"; 6="My elderly's relatives health"; 7="Losing my job"; 8="Losing my home"; 9="I have no concerns"; 10="Don't know/prefer not to answer"; 99="Other"
Q41_most_concern_other	Of those concerns you ticked/mentioned above, which one causes you the MOST CONCERN right now?	[free text]
Q42_A_wound_up	<i>Thinking about the past week - to what extent, if at all have you been feeling the following?</i> I feel tense or "wound up"	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf

Variable	Description	Coding
Q42_A_worrying_thoughts	<p><i>Still thinking about the past week - to what extent, if at all, have you been feeling the following?</i></p> <p>Worrying thoughts go through my mind</p>	<p>Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf</p>
Q42_A_ease_relaxed	<p><i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i></p> <p>I can sit at ease and feel relaxed</p>	<p>Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf</p>
Q42_A_butterflies	<p><i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i></p> <p>I get a sort of frightened feeling like “butterflies” in the stomach</p>	<p>Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf</p>
Q42_A_on_the_move	<p><i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i></p> <p>I feel restless as if I have to be on the move</p>	<p>Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf</p>
Q42_A_panic	<p><i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i></p> <p>I get sudden feelings of panic</p>	<p>Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf</p>

Variable	Description	Coding
Q42_D_enjoy_things	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I still enjoy the things I used to enjoy	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_laugh	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I can laugh and see the funny side of things	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_cheerful	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I feel cheerful	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_slowed_down	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I feel as if I am slowed down	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_appearance	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I have lost interest in my appearance	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_look_forward	<i>Still thinking about the past week - to</i>	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see:

Variable	Description	Coding
	<i>what extent, if at all have you been feeling the following?</i> I look forward with enjoyment to things	https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q42_D_book_radio_tv	<i>Still thinking about the past week - to what extent, if at all have you been feeling the following?</i> I can enjoy a good book or radio or TV programme	Coded from 0-3 according to the Hospital Anxiety and Depression Scale. Please see: https://www.svri.org/sites/default/files/attachments/2016-01-13/HADS.pdf
Q43_willing_take_risks	Please tell us, in general, how willing or unwilling you are to take risks?	Scale from -2 to 2, where -2="Very unwilling to take risks", 2="Very willing to take risks" and 0 is neutral.
Q44_willing_to_give_up	How willing are you to give up something that is beneficial for you today in order to benefit more from that in the future?	Scale from -2 to 2, where -2="Completely unwilling to do so", 2="Very willing to do so" and 0 is neutral.
Q45_people_best_intentions	How well does the following statement describe you as a person? "I assume that people have only the best intentions."	Scale from -2 to 2, where -2="Does not describe me at all", 2="Describes me perfectly" and 0 is neutral.
Q46_emotional_support_listen	Is there someone available to you whom you can count on to listen to you when you need to talk?	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"
Q46_emotional_support_advice	Is there someone available to you to give you good advice about a problem?	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"
Q46_emotional_support_love	Is there someone available to you who	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"

Variable	Description	Coding
	shows you love and affection?	
Q46_emotional_support_chores	Is there someone to help you with daily chores?	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"
Q46_emotional_support_support	Can you count on anyone to provide you with emotional support (talking over problems or helping you make a difficult decision)?	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"
Q46_emotional_support_close_to	Do you have as much contact as you would like with someone you feel close to, someone in whom you can trust and confide?	1="None of the time"; 2="A little of the time"; 3="Some of the time"; 4="Most of the time"; 5="All the time"
Q46_married_binary	Are you currently married or living with a partner?	0="No"; 1="Yes"
Q47_rely_on_twin	Can you rely on your twin for practical assistance or emotional support during the pandemic if you need it?	0="No"; 1="Yes"
Q48_twin_rely_on_you	Can your twin rely on you for practical assistance or emotional support during the pandemic if they need it?	0="No"; 1="Yes"
Q49_assist_you_rely_on	How many people other than your twin can rely on you for practical assistance or emotional support if they need it during the pandemic?	1="No-one"; 2="My spouse/partner"; 3="One person (other than your spouse/partner if you are partnered)"; 4="2-5 people (other than your spouse/partner if you are partnered)"; 5="More than 5 people (other than your spouse/partner if you are partnered)"; 6="Don't know/prefer not to answer"
Q50_assist_rely_on_you	How many people other than your twin can you rely on for practical assistance	1="No-one"; 2="My spouse/partner"; 3="One person (other than your spouse/partner if you are partnered)"; 4="2-5 people (other than your spouse/partner if

Variable	Description	Coding
	or emotional support during the pandemic if you need it?	you are partnered)”; 5=“More than 5 people (other than your spouse/partner if you are partnered)”; 6=“Don't know/prefer not to answer”
Q51_resilience_1	Please respond to each item by marking one box per row (I tend to bounce back quickly after hard times)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q51_resilience_2	Please respond to each item by marking one box per row (I have a hard time making it through stressful events)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q51_resilience_3	Please respond to each item by marking one box per row (It does not take me long to recover from a stressful event)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q51_resilience_4	Please respond to each item by marking one box per row (It is hard for me to snap back when something bad happens)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q51_resilience_5	Please respond to each item by marking one box per row (I usually come through difficult times with little trouble)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q51_resilience_6	Please respond to each item by marking one box per row (I tend to take a long time to get over set-backs in my life)	1=“Strongly disagree”; 2=“Disagree”; 3=“Neutral”; 4=“Agree”; 5=“Strongly agree”; 6=“Don't know/prefer not to answer”
Q52_chance_getting_covid	Please write a number in the box	[numerical input, 0-100]

Variable	Description	Coding
	below from 0 to 100 percent, to indicate the percent chance you will get COVID-19 in the next three months.	
Q53_worried_getting_covid	On a scale of 1 to 5, how worried or concerned are you about contracting COVID-19/ coronavirus?	Scale from -2 to 2, where -2="Not worried / concerned at all", 2="Extremely worried / concerned" and 0 is neutral.
Q54_chance_dying_covid	Please write a number in the box below from 0 to 100 percent, to indicate the percent chance you think you might die if you got COVID-19	Integers 0-100
Q55_community_proud	Please answer to what degree you agree with the following (I am proud to be a member of my community)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"
Q55_community_part	Please answer to what degree you agree with the following (I feel I am part of the community)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"
Q55_community_values	Please answer to what degree you agree with the following (People in my neighbourhood share the same values)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"
Q55_community_live	Please answer to what degree you agree with the following (My neighbourhood is a good place to live)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"

Variable	Description	Coding
Q55_community_neighbours	Please answer to what degree you agree with the following (I trust my neighbours)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"
Q55_community_things_done	Please answer to what degree you agree with the following (People work together to get things done for the community)	1="Strongly agree"; 2="Disagree"; 3="Neither agree nor disagree"; 4="Agree"; 5="Strongly agree"; 6="Don't know"; 7="Prefer not to answer"
Q56_nextyear_physical_health	Over the next year, how confident are you about your... physical health?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q56_nextyear_mental_health	Over the next year, how confident are you about your... mental health?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q56_nextyear_social_health	Over the next year, how confident are you about your... social health?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q56_nextyear_close_relationships	Over the next year, how confident are you about your... close relationships?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q56_nextyear_financial_position	Over the next year, how confident are you about your... financial position?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q56_nextyear_self_esteem	Over the next year, how confident are you about your... self-esteem?	-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"
Q57_optimism_own_future	Overall, how optimistic or pessimistic would you say you are about each of the following? (Your own future)	1="Very pessimistic"; 2="Somewhat pessimistic"; 3="Neutral"; 4="Somewhat optimistic"; 5="Very optimistic"; 6="Don't know"
Q57_optimism_australia	Overall, how optimistic or pessimistic would	1="Very pessimistic"; 2="Somewhat pessimistic"; 3="Neutral"; 4="Somewhat

Variable	Description	Coding
	you say you are about each of the following? (The future of Australia)	optimistic”; 5=“Very optimistic”; 6=“Don't know”
Q57_optimism_world	Overall, how optimistic or pessimistic would you say you are about each of the following? (The future of the World)	1=“Very pessimistic”; 2=“Somewhat pessimistic”; 3=“Neutral”; 4=“Somewhat optimistic”; 5=“Very optimistic”; 6=“Don't know”
Q58_maintaingov_restrictions	How many more weeks/months do you think the government will keep enforcing restrictions due to COVID-19?	1=“Less than a week”; 2=“About 2 weeks”; 3=“About a month”; 4=“About 3 months”; 5=“About 6 months”; 6=“About 9 months”; 7=“About a year”; 8=“Over a year”; 9=“Don't know/prefer not to answer”
Q59_maintain_lifestyle	How many more weeks/months do you think you could maintain your current state/lifestyle under the COVID-19 restrictions?	1=“Less than a week”; 2=“About 2 weeks”; 3=“About a month”; 4=“About 3 months”; 5=“About 6 months”; 6=“About 9 months”; 7=“About a year”; 8=“Over a year”; 9=“Don't know/prefer not to answer”
Q60_comments	Thank you for taking part in this survey. Please feel free to provide any additional feedback or comments in the box below	[free text]