# Twins Research Australia COVID-19 Knowledge, Experience, Reaction and Resilience Study <br> <br> Data Dictionary: Adult Twins, Phase 2 

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Note: Questions unique to this Second Wave survey are prefixed with "QS". Questions that are the same as those in the First Wave survey are prefixed only with "Q".
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\begin{array}{|l|l|l|}\hline \text { Variable } & \text { Description } & \text { Coding } \\
\hline \text { intProject_UID } & \text { Unique twin identifier } & \begin{array}{l}\text { String (five digit pair } \\
\text { identifier followed by a } \\
\text { hyphen and either "A" or } \\
\text { "B" to represent each }\end{array} \\
& & \begin{array}{l}\text { twin within the pair) }\end{array}
$$ <br>

\hline postcode \& \& [free text]\end{array}\right]\)| [free text] |
| :--- |, | [free text] |
| :--- |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| date_started | Date survey was started | Date |
| completed_survey_1 | Completed Wave 1 survey | $\begin{aligned} & \text { 1="Yes"; } \\ & \text { 2="No"; } \\ & 3 \text { ="l’m not sure" } \end{aligned}$ |
| living_australia | Currently living in Australia | 0="No"; 1="Yes" |
| QS1_rely_twin_practical | Can you rely on your twin for practical assistance during the pandemic if you need it? | 0="No"; 1="Yes" |
| QS2_rely_twin_emotional | Can you rely on your twin for emotional support during the pandemic if you need it? | 0="No"; 1="Yes" |
| QS3_twin_rely_practical | Can your twin rely on you for practical assistance during the pandemic if they need it? | 0="No"; 1="Yes" |
| QS4_twin_rely_emotional | Can your twin rely on you for emotional support during the pandemic if they need it? | O="No"; 1="Yes" |
| QS5_support_faith | Please tell us your sources of support other than your twin (My faith / church / spirituality) | 0="No"; 1="Yes" |
| QS5_support_community | Please tell us your sources of support other than your twin (My community / neighbour(s)) | 0="No"; 1="Yes" |
| QS5_support_pet | Please tell us your sources of support other than your twin (My pet(s)) | 0="No"; 1="Yes" |
| QS5_support_none | Please tell us your sources of support other than your twin (None) | 0="No"; 1="Yes" |
| QS5_support_prefer_not | Please tell us your sources of support other than your twin (Don't know/prefer not to answer) | 0="No"; 1="Yes" |
| QS5_support_other | Please tell us your sources of support other than your twin (Other) | [free text] |
| QS6_moved_house | Have you moved to a new house or changed your living circumstances since the beginning of the pandemic? | O="No"; 1="Yes" |
| QS7_why_living_change | Why did your living circumstances change? | 1="I was moving house/changing my living circumstances anyway"; |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | 2="I had to move/change my living circumstances due to COVID-19"; <br> $3=$ "My house member(s) left due to COVID-19"; 4="I gained new house member(s) due to COVID-19" 99="Other" |
| QS8_why_living_change_other | Why did your living circumstances change? (other) | [free text] |
| QS9_why_living_change_comments | Please feel free to add comments about how/why your living circumstances have changed | [free text] |
| QS10_live_with_twin | Who do you currently live with? (Your twin) | 0="No"; 1="Yes" |
| QS10_live_with_partner | Who do you currently live with? (Your spouse or partner) | 0="No"; 1="Yes" |
| QS10_live_with_children | Who do you currently live with? (Your children) | 0="No"; 1="Yes" |
| QS10_live_with_parents | Who do you currently live with? (Parent(s) - either yours and/or your partner's parent(s)) | 0="No"; 1="Yes" |
| QS10_live_with_grandparents | Who do you currently live with? (Grandparent(s) either yours and/or or your partner's grandparent(s)) | 0="No"; 1="Yes" |
| QS10_live_with_oth_relatives | Who do you currently live with? (Other relative(s)) | 0="No"; 1="Yes" |
| QS10_live_with_friends | Who do you currently live with? (Friend(s)) | 0="No"; 1="Yes" |
| QS10_live_with_housemates | Who do you currently live with? <br> (Housemate(s)/flatmate(s)) | 0="No"; 1="Yes" |
| QS10_live_with_others | Who do you currently live with? (Others not listed above) | 0="No"; 1="Yes" |
| QS11_important_masks | On a scale of 1 to 5 , how important (or necessary) do you think it is to wear a mask | $-2=$ "Not important at all"; -1="Not very important"; 0="Neutral"; 1="Somewhat |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | currently as a response to COVID-19? | important"; 2="Very important" |
| QS12_freq_masks_leave_home | Currently how frequently do you wear a face covering when you are engaging in the following activities? (When I leave home) | 1="Never"; 2="Rarely"; <br> 3="Sometimes"; <br> 4="Always"; 5="Not <br> applicable - I do not do this activity" |
| QS12_freq_masks_essentials | Currently how frequently do you wear a face covering when you are engaging in the following activities? (When I leave home for essential activities such as work or grocery shopping) | 1="Never"; 2="Rarely"; <br> 3="Sometimes"; <br> 4="Always"; 5="Not applicable - I do not do this activity" |
| QS12_freq_masks_family | Currently how frequently do you wear a face covering when you are engaging in the following activities? <br> (Spending time with family outside of my household) | 1="Never"; 2="Rarely"; <br> 3="Sometimes"; <br> 4="Always"; 5="Not <br> applicable - I do not do this activity" |
| QS12_freq_masks_friends | Currently how frequently do you wear a face covering when you are engaging in the following activities? <br> (Spending time with people such as friends or neighbours outside of my household) | 1="Never"; 2="Rarely"; <br> 3="Sometimes"; <br> 4="Always"; 5="Not applicable - I do not do this activity" |
| QS13_asthma_ever | Do you have a past history of respiratory health issues? (I have had asthma at some point in my life) | 0="No"; 1="Yes" |
| QS13_asthma_confirmed | Do you have a past history of respiratory health issues? <br> (My asthma has been confirmed by a doctor) | 0="No"; 1="Yes" |
| QS13_asthma_symptoms_12m | Do you have a past history of respiratory health issues? (। have had symptoms or attacks of asthma in the last 12 months) | 0="No"; 1="Yes" |
| QS13_asthma_medication_12m | Do you have a past history of respiratory health issues? (I have used medication (any) for asthma in the last 12 months) | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS13_history_copd | Do you have a past history of respiratory health issues? (I have been told by a doctor that I have chronic obstructive pulmonary disease or COPD) | 0="No"; 1="Yes" |
| QS13_hay_fever | Do you have a past history of respiratory health issues? (I have hay fever) | 0="No"; 1="Yes" |
| QS13_medication_hay_fever | Do you have a past history of respiratory health issues? (I) have used medication (any) for hay fever in the last 12 months) | 0="No"; 1="Yes" |
| QS13_steroids_copd | Do you have a past history of respiratory health issues? (I have used steroids/corticosteroids for asthma or COPD in the last 12 months) | 0="No"; 1="Yes" |
| QS13_none_above | Do you have a past history of respiratory health issues? <br> (None of the above conditions) | 0="No"; 1="Yes" |
| QS14_existing_conditions | Do you think you have any other pre-existing conditions which may affect you if you were to contracts COVID-19? | 1="Yes"; 2="No"; <br> 3="Unsure/prefer not to answer" |
| QS15_existing_conditions_1 | Please specify these preexisting conditions in the boxes below (1) | [free text] |
| QS15_existing_conditions_2 | Please specify these preexisting conditions in the boxes below (2) | [free text] |
| QS15_existing_conditions_3 | Please specify these preexisting conditions in the boxes below (3) | [free text] |
| QS15_existing_conditions_4 | Please specify these preexisting conditions in the boxes below (4) | [free text] |
| QS15_existing_conditions_5 | Please specify these preexisting conditions in the boxes below (5) | [free text] |
| QS16_positive_test | Did you ever receive a positive result from a COVID19 test (i.e. had the virus) | 1="Yes (you had/have the virus)"; 2="No (you did not/do not have the |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | virus)"; 3="Don't know/yet to receive results"; 4="Prefer not to answer" |
| QS17_covid_source | What was the probable source of your COVID-19 exposure? | 1="Acquired overseas"; <br> 2="Member of my household"; 3="Friend or family member outside of my household"; 4="At work/work colleague"; 5="Community transmission"; 6="I was in hospital for an unrelated health issue"; 7="Unclear / don't know" |
| QS18_know_anyone_covid | Do you know anyone personally who has tested positive for COVID-19? | 0="No"; 1="Yes" |
| QS19_who_positive_twin | Who has tested positive for COVID-19? (Your twin) | 0="No"; 1="Yes" |
| QS19_who_positive_partner | Who has tested positive for COVID-19? (Your spouse or partner) | 0="No"; 1="Yes" |
| QS19_who_positive_family | Who has tested positive for COVID-19? (A family member) | 0="No"; 1="Yes" |
| QS19_who_positive_friend | Who has tested positive for COVID-19? (A friend) | 0="No"; 1="Yes" |
| QS19_who_positive_workmate | Who has tested positive for COVID-19? (A workmate or colleague) | 0="No"; 1="Yes" |
| QS19_who_positive_other | Who has tested positive for COVID-19? (Other) | 0="No"; 1="Yes" |
| QS20_same_house_covid | Do you currently live in the same house as a person with COVID-19? | 1="Yes"; 2="No"; <br> 3="Unsure / prefer not to answer" |
| QS21_counselling | In 2019 (before the pandemic), did you contact any of the following services? (Counselling services, e.g. psychologist, psychiatrist etc.) | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS21_social_services | In 2019 (before the pandemic), did you contact any of the following services? (Social services, e.g. housing assistance, crisis accommodation etc.) | 0="No"; 1="Yes" |
| QS21_centrelink | In 2019 (before the pandemic), did you contact any of the following services? (Centrelink benefits etc.) | 0="No"; 1="Yes" |
| QS21_mental_health | In 2019 (before the pandemic), did you contact any of the following services? (Mental health services, e.g. Beyondblue, Lifeline etc.) | $0=$ "No"; 1="Yes" |
| QS21_food_assist | In 2019 (before the pandemic), did you contact any of the following services? (Food assistance services, e.g. Anglicare, Salvation Army etc.) | 0="No"; 1="Yes" |
| QS21_financial_inst | In 2019 (before the pandemic), did you contact any of the following services? (Financial institutions/assistance services) | 0="No"; 1="Yes" |
| QS21_other | In 2019 (before the pandemic), did you contact any of the following services? (Other providers) | 0="No"; 1="Yes" |
| QS21_none_above | In 2019 (before the pandemic), did you contact any of the following services? (None of the above) | 0="No"; 1="Yes" |
| QS22_counselling | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? <br> (Counselling services, e.g. psychologist, psychiatrist etc.) | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS22_social_services | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Social services, e.g. housing assistance, crisis accommodation etc.) | 0="No"; 1="Yes" |
| QS22_centrelink | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Centrelink benefits etc.) | 0="No"; 1="Yes" |
| QS22_mental_health | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Mental health services, e.g. Beyondblue, Lifeline etc.) | 0="No"; 1="Yes" |
| QS22_food_assist | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Food assistance services, e.g. Anglicare, Salvation Army etc.) | 0="No"; 1="Yes" |
| QS22_financial_inst | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Financial institutions/assistance services) | 0="No"; 1="Yes" |
| QS22_other | Since COVID-19 restrictions began in late March 2020, which of the following community services have you had contact with? (Other providers) | 0="No"; $1=$ "Yes" |
| QS22_none_above | Since COVID-19 restrictions began in late March 2020, which of the following community services have you | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | had contact with? (None of the above) |  |
| QS23_delayed_primary_care | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Primary care) | 0="No"; 1="Yes" |
| QS23_delayed_emergency | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Presenting to an emergency department) | 0="No"; 1="Yes" |
| QS23_delayed_immunisation | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Immunisation / Vaccination) | 0="No"; 1="Yes" |
| QS23_delayed_disease_management | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Chronic disease management) | 0="No"; 1="Yes" |
| QS23_delayed_surgery | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Elective surgery) | 0="No"; 1="Yes" |
| QS23_delayed_mental_healthcare | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Mental healthcare) | 0="No"; 1="Yes" |
| QS23_delayed_drug_treatment | Since COVID-19 restrictions began in late March 2020, have you had medical care or | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | treatment interrupted, or delayed seeking medical care of treatment? (Alcohol or drug treatment) |  |
| QS23_delayed_medication | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (Prescribed medication regimens) | $0=$ "No"; 1="Yes" |
| QS23_delayed_none | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? (No interrupted or delayed medical treatment / no medical treatment required) | $0=$ "No"; 1="Yes" |
| QS23_delayed_other | Since COVID-19 restrictions began in late March 2020, have you had medical care or treatment interrupted, or delayed seeking medical care of treatment? | [free text] |
| QS24_left_none | In the last week, what have you left home for? (I haven't left home for any reason) | 0="No"; 1="Yes" |
| QS24_left_medical_care | In the last week, what have you left home for? (To seek medical care) | $0=$ "No"; 1="Yes" |
| QS24_left_work | In the last week, what have you left home for? (Work) | 0="No"; 1="Yes" |
| QS24_left_shopping | In the last week, what have you left home for? (Shopping (including for groceries)) | 0="No"; 1="Yes" |
| QS24_left_exercise | In the last week, what have you left home for? (Exercise (either individually or in a group)) | 0="No"; 1="Yes" |
| QS24_left_partner | In the last week, what have you left home for? (Visiting an intimate partner that you don't live with) | $0=$ "No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS24_left_twin | In the last week, what have you left home for? (Visiting your twin) | 0="No"; 1="Yes" |
| QS24_left_family | In the last week, what have you left home for? (Visiting your family members) | 0="No"; 1="Yes" |
| QS24_left_friends | In the last week, what have you left home for? (Visiting friends or neighbours) | 0="No"; 1="Yes" |
| QS24_left_social_occasion | In the last week, what have you left home for? (Social occasion at a café, pub, restaurant or something similar) | 0="No"; 1="Yes" |
| QS24_left_group_activities | In the last week, what have you left home for? (Group or Club activities, e.g., social or interest-based groups such as MeetUps, book clubs, youth or seniors groups, etc.) | 0="No"; 1="Yes" |
| QS24_left_volunteering | In the last week, what have you left home for? <br> (Volunteering) | $0=$ "No"; 1="Yes" |
| QS24_left_school_pickup | In the last week, what have you left home for? <br> (School/pre-school/day-care drop off/pick up) | 0="No"; 1="Yes" |
| QS24_left_overnight_visit | In the last week, what have you left home for? (A visit that required an overnight stay) | 0="No"; 1="Yes" |
| QS24_left_holiday | In the last week, what have you left home for? (A short holiday/vacation) | 0="No"; 1="Yes" |
| QS24_left_other | In the last week, what have you left home for? (Other) | [free text] |
| QS25_left_medical_care | In the last week, how many times have you left home for these activities? (To seek medical care) | Numerical input |
| QS25_left_work | In the last week, how many times have you left home for these activities? (Work) | Numerical input |
| QS25_left_shopping | In the last week, how many times have you left home for these activities? (Shopping) | Numerical input |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS25_left_exercise | In the last week, how many times have you left home for these activities? (Exercise (either individually or in a group)) | Numerical input |
| QS25_left_partner | In the last week, how many times have you left home for these activities? (Visiting an intimate partner that you don't live with) | Numerical input |
| QS25_left_twin | In the last week, how many times have you left home for these activities? (Visiting your twin) | Numerical input |
| QS25_left_family | In the last week, how many times have you left home for these activities? (Visiting your family members) | Numerical input |
| QS25_left_friends | In the last week, how many times have you left home for these activities? (Visiting friends or neighbours) | Numerical input |
| QS25_left_social_occasion | In the last week, how many times have you left home for these activities? (Social occasion at a café, pub, restaurant or something similar) | Numerical input |
| QS25_left_group_activities | In the last week, how many times have you left home for these activities? (Group or Club activities, e.g. MeetUps, book clubs, youth or seniors groups, etc.) | Numerical input |
| QS25_left_volunteering | In the last week, how many times have you left home for these activities? (Volunteering) | Numerical input |
| QS25_left_school_pickup | In the last week, how many times have you left home for these activities? (School/pre-school/day-care drop off/pick up) | Numerical input |
| QS25_left_overnight_visit | In the last week, how many times have you left home for | Numerical input |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | these activities? (A visit that required an overnight stay) |  |
| QS25_left_holiday | In the last week, how many times have you left home for these activities? (A short holiday/vacation) | Numerical input |
| QS25_left_other | In the last week, how many times have you left home for these activities? (Other reasons) | Numerical input |
| QS26_visit_no_one | In the last week, did anyone visit your home for the following reasons? (No one has visited my home for any reason) | 0="No"; 1="Yes" |
| QS26_visit_work | In the last week, did anyone visit your home for the following reasons? (Work) | 0="No"; 1="Yes" |
| QS26_visit_food_delivery | In the last week, did anyone visit your home for the following reasons? (Deliver food or goods (only if they entered the home)) | 0="No"; 1="Yes" |
| QS26_visit_med_assessment | In the last week, did anyone visit your home for the following reasons? (Medical assessments/appointments) | 0="No"; 1="Yes" |
| QS26_visit_trade_work | In the last week, did anyone visit your home for the following reasons? (Complete trade work (a tradesman)) | 0="No"; 1="Yes" |
| QS26_visit_exercise | In the last week, did anyone visit your home for the following reasons? (Exercise) | 0="No"; 1="Yes" |
| QS26_visit_twin | In the last week, did anyone visit your home for the following reasons? (To visit you (your twin)) | 0="No"; 1="Yes" |
| QS26_visit_partner | In the last week, did anyone visit your home for the following reasons? (To visit you or a household member (an intimate partner)) | 0="No"; 1="Yes" |
| QS26_visit_family | In the last week, did anyone visit your home for the following reasons? (To visit | $0=$ "No"; 1="Yes" |


| Variable | Description | Coding |
| :--- | :--- | :--- |
| QS26_visit_friends | you or a household member <br> (other family members)) |  |
| QS26_visit_other | In the last week, did anyone <br> visit your home for the <br> following reasons? (To visit <br> you or a household member <br> (friends or neighbours)) | 0="No"; 1="Yes" |
| QS27_visit_work | In the last week, did anyone <br> visit your home for the <br> following reasons? (Other) | [free text] |
| QS27_visit_food_delivery | In the last week, how many <br> people visited your home for <br> the various reasons? (Work) | Numerical input |
| QS27_visit_med_assessment | In the last week, how many <br> people visited your home for <br> the various reasons? (Deliver | Numerical input |
| food or other goods (only if |  |  |
| they entered the home)) |  |  |
| QS27_visit_trade_work | In the last week, how many <br> people visited your home for <br> the various reasons? (To <br> conduct medical <br> assessments/appointments) | Numerical input |
| QS27_visit_family | In the last week, how many <br> people visited your home for <br> the various reasons? <br> (Complete trade work (a <br> tradesman)) | Numerical input |
| QS27_visit_exercise | In the last week, how many <br> people visited your home for <br> the various reasons? <br> (Exercise) | Numerical input |
| In the last week, how many |  |  |
| people visited your home for |  |  |
| the various reasons? (To visit |  |  |
| you (your twin)) |  |  |$\quad$ Numerical input | In |
| :--- |


| Variable | Description | Coding |
| :--- | :--- | :--- |
| QS27_visit_friends | In the last week, how many <br> people visited your home for <br> the various reasons? (To visit <br> you or a household member <br> (friends or neighbours)) | Numerical input |
| QS27_visit_other | In the last week, how many <br> people visited your home for <br> the various reasons? (Other <br> reasons) | Numerical input |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | significant life events you want to mention? |  |
| QS30_feel_emptiness | For each of the statements below indicate the extent to which they apply to the way you currently feel (I experience a general state of emptiness) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS30_people_to_rely_on | For each of the statements below indicate the extent to which they apply to the way you currently feel (There are plenty of people I can rely on when I have problems) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS30_people_can_trust | For each of the statements below indicate the extent to which they apply to the way you currently feel (There are many people I can trust completely) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS30_miss_people | For each of the statements below indicate the extent to which they apply to the way you currently feel (I miss having people around) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS30_people_close_to | For each of the statements below indicate the extent to which they apply to the way you currently feel (There are enough people I feel close to) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS30_feel_rejected | For each of the statements below indicate the extent to which they apply to the way you currently feel (I often feel rejected) | $\begin{aligned} & \text { 1="Yes"; 2="More or } \\ & \text { less"; 3="No" } \end{aligned}$ |
| QS31_online_cultural_acts | Please indicate your level of online activity since COVID-19 restrictions began in late March 2020 (Cultural activities such as watching concerts, ballet, theatre, comedy shows or similar ONLINE) | 1="I did this before the COVID-19 restrictions"; <br> $2=$ "I started doing this since the COVID-19 restrictions"; $3=$ "I have never done this" |
| QS31_online_games_others | Please indicate your level of online activity since COVID-19 restrictions began in late | 1="I did this before the COVID-19 restrictions"; |


| Variable | Description | Coding |
| :--- | :--- | :--- |
|  | March 2020 (Online <br> computer games with others <br> (e.g. via zoom)) | 2="I started doing this <br> since the COVID-19 <br> restrictions"; <br> 3="I have never done |
| this" |  |  |

$\left.\begin{array}{|l|l|l|}\hline \text { Variable } & \text { Description } & \text { Coding } \\ \hline \text { QS31_online_meetings_friends } & \begin{array}{l}\text { Please indicate your level of } \\ \text { online activity since COVID-19 } \\ \text { restrictions began in late } \\ \text { March 2020 (Online meetings } \\ \text { with friends/family) }\end{array} & \begin{array}{l}\text { 1="I did this before the } \\ \text { COVID-19 restrictions"; } \\ \text { 2="I started doing this } \\ \text { since the COVID-19 } \\ \text { restrictions"; } \\ \text { 3="I }\end{array} \\ \hline \text { QS31_online_reading never done } \\ \text { this" }\end{array}\right]$

| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | 8="Electrical and Electronics"; <br> 9="Engineers and Engineering Trades"; 10="Executive and General Management"; 11="Government, Defence and Protective Services"; 12="Health and Community Services"; <br> 13="Hospitality, Food Services and Tourism"; <br> 14="Information and Communication Technology (ICT)"; <br> 15="Legal and Insurance"; <br> 16="Manufacturing"; <br> 17="Mining and Energy"; <br> 18="Personal Services"; <br> 19="Sales, Retail, <br> Wholesale and Real <br> Estate"; 20="Science"; <br> 21 "Sports and <br> Recreation"; 22="Don't <br> know/prefer not to <br> answer" <br> 99="Other" |
| QS33_current_work_cat_other | Please select the appropriate employment category for your current occupation (other) | [free text] |
| QS34_work_contact_public | Does your current occupation require you to have face-toface contact with the public? | 0="No"; 1="Yes" |
| QS35_current_work_text | What is your current occupation? | [free text] |
| QS36_job_keeper | Are you currently receiving JobKeeper Benefits? | 0="No"; 1="Yes" |
| QS37_job_seeker | Are you currently receiving JobSeeker Benefits? | 0="No"; 1="Yes" |
| QS38_dassQ1_wind_down | Please read each statement and select number 0,1,2 or 3 to indicate how much each of the statements applied to | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | you over the last week. (The DASS-21) (I found it hard to wind down) |  |
| QS38_dassQ2_mouth_dryness | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I was aware of dryness of my mouth) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ3_positive_feeling | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I couldn't seem to experience any positive feeling at all) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ4_breathing_diff | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I experienced breathing difficulty (e.g., excessively rapid breathing, breathlessness in the absence of physical exertion)) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ5_initiative_diff | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I found it difficult to work up the initiative to do things) | $\begin{aligned} & \text { 0="Never"; } \\ & \text { 1="Sometimes"; } \\ & \text { 2="Often"; 3="Almost } \\ & \text { always" } \end{aligned}$ |
| QS38_dassQ6_overreact | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I tended to overreact to situations) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ7_trembling | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of | $\begin{aligned} & 0=" \text { Never"; } \\ & \text { 1="Sometimes"; } \end{aligned}$ |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | the statements applied to you over the last week. (The DASS-21) (I experienced trembling (e.g. in the hands)) | 2="Often"; 3="Almost always" |
| QS38_dassQ8_nervous_energy | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt that I was using a lot of nervous energy) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ9_foolish | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I was worried about situations in which I might panic and make a fool of myself) | $\begin{aligned} & 0=\text { "Never"; } \\ & 1=\text { "Sometimes"; } \\ & \text { 2="Often"; } 3=\text { "Almost } \\ & \text { always" } \end{aligned}$ |
| QS38_dassQ10_look_forward | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt that I had nothing to look forward to) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ11_agitated | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I found myself getting agitated) | 0="Never"; <br> 1="Sometimes"; <br> 2="Often"; 3="Almost <br> always" |
| QS38_dassQ12_relax_diff | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I found it difficult to relax) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ13_blue | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | DASS-21) (I felt down-hearted and blue) |  |
| QS38_dassQ14_intolerant | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I was intolerant of anything that kept me from getting on with what I was doing) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ15_panic | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt I was close to panic) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ16_unable_enthusiastic | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I was unable to become enthusiastic about anything) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ17_worthless | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt I wasn't worth much as a person) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ18_touchy | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt that I was rather touchy) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ19_heart_rate | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I was aware of the | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | action of my heart in the absence of physical exertion (e.g. sense of heart rate increase, heart missing a beat)) |  |
| QS38_dassQ20_scared | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt scared without any good reason) | ```0="Never"; 1="Sometimes"; 2="Often"; 3="Almost always"``` |
| QS38_dassQ21_meaningless | Please read each statement and select number $0,1,2$ or 3 to indicate how much each of the statements applied to you over the last week. (The DASS-21) (I felt that life was meaningless) | 0="Never"; <br> 1="Sometimes"; <br> 2="Often"; 3="Almost <br> always" |
| QS39_smoking_status | Which of the following best describes your smoking status throughout your life? | 1="I have never <br> smoked"; 2="I have <br> smoked occasionally but quit"; <br> 3="I have smoked regularly (daily) but quit"; 4="I smoke occasionally"; $5=$ "I smoke regularly (daily)" |
| QS40_back_pain_prior | Prior to the COVID-19 pandemic, had you ever experienced pain in your lower back that was severe enough for you to seek treatment? | 0="No"; 1="Yes" |
| QS40_back_pain_now | Do you currently experience pain in your lower back severe enough to seek treatment? | 0="No"; 1="Yes" |
| QS41_walk_any | Over the last week, how many days did you walk for at least 30 minutes for any reason | Integers 0-7 |
| QS41_walk_moderate | Over the last week, how many days did you exercise | Integers 0-7 |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | moderately for at least 30 minutes |  |
| QS41_walk_vigorously | Over the last week, how many days did you exercise vigorously for at least 20 minutes | Integers 0-7 |
| QS42_sleep_hours | Over the last week, on average, how long did you sleep each night? (hours) | Integers 0-24 |
| QS42_sleep_minutes | QS42_sleep_minutes (minutes) | $\begin{aligned} & \text { Integers } 0,5,10,15,20 \\ & 25,30,35,40,45,50,55 \end{aligned}$ |
| QS43_sleep_comparison | Compared with before COVID-19 restrictions began, was this time spent sleeping... | $\begin{aligned} & \text { 1="Less"; 2="The same"; } \\ & \text { 3="More" } \end{aligned}$ |
| QS44_to_sleep_hours | Over the last week, on average, how long did you take to fall asleep after you started trying to? (hours) | Integers 0-24 |
| QS44_to_sleep_minutes | Over the last week, on average, how long did you take to fall asleep after you started trying to? (minutes) | $\begin{aligned} & \text { Integers } 0,5,10,15,20 \\ & 25,30,35,40,45,50,55 \end{aligned}$ |
| QS45_to_sleep_comparison | Compared with before COVID-19 restrictions began, was this time spent getting to sleep... | $\begin{aligned} & \text { 1="Less"; 2="The same"; } \\ & 3=" M o r e " ~ \end{aligned}$ |
| QS46_eating_habits | Compared with before COVID-19 restrictions, have your diet and eating habits, on average | ```1="Improved"; 2="Stayed the same"; 3="Deteriorated"``` |
| QS47a_alcohol_days | Over the last week, how many days did you do the following? (Drank alcohol) | $\begin{aligned} & 1=" 0 \text { days"; 2=" } 1-2 \\ & \text { days"; } 3=" 3-4 \text { days"; } \\ & 4=" 5-6 \text { days"; } \\ & 5=" E v e r y ~ d a y " ; ~ \\ & \text { not "Prefer } \\ & \text { not answer" } \end{aligned}$ |
| QS47b_alcohol_more_less | Compared with an average week before COVID-19 restrictions, this is... | $\begin{aligned} & \text { 7="Less often"; } \\ & \text { 8="About the same"; } \\ & \text { 9="More often"; } \\ & \text { 10="Not } \\ & \text { applicable/prefer not to } \\ & \text { answer" } \end{aligned}$ |
| QS47a_counter_sleep_days | Over the last week, how many days did you do the following? (Used over-the- | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; } 3=" 3-4 \text { days"; } \\ & 4=" 5-6 \text { days"; } \end{aligned}$ |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | counter medication for sleep, anxiety or stress) | 5="Every day"; 6="'Prefer not to answer" |
| QS47b_counter_sleep_more_less | Compared with an average week before COVID-19 restrictions, this is... | ```7="Less often"; 8="About the same"; 9="More often"; 10="Not applicable/prefer not to answer"``` |
| QS47a_prescr_sleep_days | Over the last week, how many days did you do the following? (Used prescription medication for sleep, anxiety or stress) | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; } 3=" 3-4 \text { days"; } \\ & 4=" 5-6 \text { days"; } \\ & 5=" E v e r y \text { day"; } 6=" P r e f e r \\ & \text { not to answer" } \end{aligned}$ |
| QS47b_prescr_sleep_more_less | Compared with an average week before COVID-19 restrictions, this is... | 7="Less often"; <br> 8="About the same"; <br> 9="More often"; <br> 10="Not <br> applicable/prefer not to answer" |
| QS47a_cannabis_days | Over the last week, how many days did you do the following? (Used cannabis products such as marijuana) | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; 3="3-4 days"; } \\ & 4=" 5-6 \text { days"; } \\ & 5=" E v e r y ~ d a y " ; ~ 6=" P r e f e r ~ \\ & \text { not to answer" } \end{aligned}$ |
| QS47b_cannabis_more_less | Compared with an average week before COVID-19 restrictions, this is... | 7="Less often"; <br> 8="About the same"; <br> 9="More often"; <br> 10="Not <br> applicable/prefer not to answer" |
| QS47a_other_recr_drugs | Over the last week, how many days did you do the following? (Used other recreational drugs) | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; } 3=" 3-4 \text { days"; } \\ & \text { 4="5-6 days"; } \\ & 5=" E v e r y ~ d a y " ; ~ \\ & \text { no" }=\text { Prefer } \\ & \text { not to answer" } \end{aligned}$ |
| QS47b_other_recr_drugs | Compared with an average week before COVID-19 restrictions, this is... | 7="Less often"; <br> 8="About the same"; <br> 9="More often"; <br> 10="Not <br> applicable/prefer not to answer" |
| QS47a_meditated_days | Over the last week, how many days did you do the following? (Meditated) | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; 3="3-4 days"; } \\ & \text { 4="5-6 days"; } \\ & 5=" E v e r y ~ d a y " ; ~ 6=" P r e f e r ~ \\ & \text { not to answer" } \end{aligned}$ |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS47b_meditated_more_less | Compared with an average week before COVID-19 restrictions, this is... | 7="Less often"; <br> 8="About the same"; <br> 9="More often"; <br> 10="Not <br> applicable/prefer not to answer" |
| QS47a_prayed_days | Over the last week, how many days did you do the following? (Prayed) | $\begin{aligned} & 1=" 0 \text { days"; 2="1-2 } \\ & \text { days"; } 3=" 3-4 \text { days"; } \\ & 4=" 5-6 \text { days"; } \\ & 5=" E v e r y ~ d a y " ; ~ 6=" P r e f e r ~ \\ & \text { not to answer" } \end{aligned}$ |
| QS47b_prayed_more_less | Compared with an average week before COVID-19 restrictions, this is... | 7="Less often"; <br> 8="About the same"; <br> 9="More often"; <br> 10="Not <br> applicable/prefer not to answer" |
| QS48_drinking | Currently, I am drinking more, less or the same number of standard alcoholic drinks per week, compared to this time last year | 1="More"; 2="The same"; $3=$ "Less"; 4="Prefer not answer" |
| QS49_compas_Q1 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I am very satisfied with my health) | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree"; 5="Strongly agree"``` |
| QS49_compas_Q2 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I have enough energy for everyday life) | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree"; 5="Strongly agree"``` |
| QS49_compas_Q3 | Please read through each question and mark how much | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \end{aligned}$ |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPAS W) (I am very satisfied with my capacity for work) | $\begin{aligned} & 3=" \text { Neutral"; 4="Agree"; } \\ & 5=" S t r o n g l y ~ a g r e e " ~ \end{aligned}$ |
| QS49_compas_Q4 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPAS W) (I rarely feel scared or anxious) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q5 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I often get upset at the way people treat me) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> 5="Strongly agree" |
| QS49_compas_Q6 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPAS W) (I am rarely sad or depressed) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q7 | Please read through each question and mark how much you agree or disagree with each statement in terms of | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (Sometimes I have been so ashamed I just wanted to hide) |  |
| QS49_compas_Q8 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I am very satisfied with my personal relationships) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q9 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I would rate my quality of life as very good) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> 5="Strongly agree" |
| QS49_compas_Q10 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I usually accept jobs that require me to supervise others) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> 5="Strongly agree" |
| QS49_compas_Q11 | Please read through each question and mark how much you agree or disagree with each statement in terms of | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I usually like to have a say in any decisions made by any group I'm in) |  |
| QS49_compas_Q12 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I usually consider the different sides of an issue before making any decisions) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q13 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (When something is going to affect me, I usually learn as much about it as I can) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q14 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (When part of a group, I usually prefer to let other people make all the decisions) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS49_compas_Q15 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (When I'm involved in something, I usually try to find out all I can about what is going on even when someone else is in charge) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q16 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I have a clear set of goals and work toward them in an orderly fashion) | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & 5=" S t r o n g l y ~ a g r e e " ~ \end{aligned}$ |
| QS49_compas_Q17 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I work hard to accomplish my goals) | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & \text { 5="Strongly agree" } \end{aligned}$ |
| QS49_compas_Q18 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPAS- | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & \text { 5="Strongly agree" } \end{aligned}$ |


| Variable | Description | Coding |
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|  | W) (I strive for excellence in everything I do) |  |
| QS49_compas_Q19 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I laugh easily) | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & \text { 5="Strongly agree" } \end{aligned}$ |
| QS49_compas_Q20 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I am usually quite a happy and positive person) | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & \text { 5="Strongly agree" } \end{aligned}$ |
| QS49_compas_Q21 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I am not a cheerful optimist) | $\begin{aligned} & \text { 1="Strongly disagree"; } \\ & \text { 2="Disagree"; } \\ & \text { 3="Neutral"; } 4=" \text { Agree"; } \\ & \text { 5="Strongly agree" } \end{aligned}$ |
| QS49_compas_Q22 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (I am very satisfied with the support I get from my friends) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> 5="Strongly agree" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| QS49_compas_Q23 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (When I'm faced with a stressful situation, I usually make myself think about it in a way that helps me stay calm) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; 4="Agree"; <br> $5=$ "Strongly agree" |
| QS49_compas_Q24 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (When I want to feel less negative emotion, I usually change the way I'm thinking about the situation) | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree"; 5="Strongly agree"``` |
| QS49_compas_Q25 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or wrong answers. Select the numbers that indicates your best response. (The COMPASW) (For me, knowing l've done something well is usually more important than being praised by someone else) | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree"; 5="Strongly agree"``` |
| QS49_compas_Q26 | Please read through each question and mark how much you agree or disagree with each statement in terms of how you feel most of the time. There are no right or | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree"; 5="Strongly agree"``` |


| Variable | Description | Coding |
| :--- | :--- | :--- |
|  | wrong answers. Select the <br> numbers that indicates your <br> best response. (The COMPAS- <br> W) (Having someone <br> important tell me I did a good <br> job is usually more important <br> to me than feeling l’ve done <br> a good job) |  |
| QS50_longer_pandemic | How much longer do you <br> think the COVID-19 pandemic <br> will last? | [free text] |
| QS51_positive_impacts | Has the COVID-19 pandemic <br> had any positive impacts on <br> your life? | [free text] |


| Variable | Description <br> Qa_covid_test <br> Qave you been tested for <br> COVID-19? | Coding |
| :--- | :--- | :--- |
| Q11_covid_test_date_results | If you were tested for COVID- <br> 19, please tell us the date you <br> received the results | Date/Time |
| Q13_covid_treatment | If a positive test was <br> received, are you/were you <br> undergoing treatment for <br> COVID-19? | 1="Yes, I was in ICU"; <br> 2="Yes, I am in / was in <br> hospital"; 3="Yes, I am <br> remaining / did remain <br> at home"; 4="No, I am <br> not / was not undergoing <br> treatment" |
| Q13_covid_treatment_text | 5="Yes, I am / was in <br> mandatory quarantine" <br> 99="Other" |  |
| Q14_symp_past_fever | If a positive test was <br> received, are you/were you <br> undergoing treatment for <br> COVID-19? (Other) | [free text] |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q14_symp_past_wheeze_asthma | Did you have any of the following symptoms when you got tested? (Wheeze/asthma) | 0="No"; 1="Yes" |
| Q14_symp_past_change_taste_smell | Did you have any of the following symptoms when you got tested? (Changes to taste/smell) | 0="No"; 1="Yes" |
| Q14_symp_past_medic_asmtha | Did you have any of the following symptoms when you got tested? (Increase in use of medication for asthma/wheezing) | 0="No"; 1="Yes" |
| Q14_symp_past_no_symp | Did you have any of the following symptoms when you got tested? (I did not have any symptoms) | 0="No"; 1="Yes" |
| Q14_symp_past_other | Did you have any of the following symptoms when you got tested? (Other) | [free text] |
| Q15_how_feeling | If you have not been tested or diagnosed with COVID-19, how are you currently feeling? | 1="I don't think I have COVID-19 related symptoms"; 2="I may have COVID-19 related symptoms"; 3="Don't know/prefer not answer" |
| Q16_symp_now_fever | Do you currently have any of the following symptoms? <br> (Fever) | 0="No"; 1="Yes" |
| Q16_symp_now_cough | Do you currently have any of the following symptoms? (Coughing) | 0="No"; 1="Yes" |
| Q16_symp_now_sore_throat | Do you currently have any of the following symptoms? <br> (Sore throat) | 0="No"; 1="Yes" |
| Q16_symp_now_fatigue | Do you currently have any of the following symptoms? (Fatigue (tiredness)) | 0="No"; 1="Yes" |
| Q16_symp_now_nausea | Do you currently have any of the following symptoms? (Nausea/vomiting and/or diarrhoea) | 0="No"; 1="Yes" |
| Q16_symp_now_short_breath_rest | Do you currently have any of the following symptoms? (Shortness of breath at rest) | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q16_symp_now_short_breath_ex | Do you currently have any of the following symptoms? (Shortness of breath after exercise) | 0="No"; 1="Yes" |
| Q16_symp_now_wheeze_asthma | Do you currently have any of the following symptoms? <br> (Wheeze/asthma) | 0="No"; 1="Yes" |
| Q16_symp_now_change_taste_smell | Do you currently have any of the following symptoms? <br> (Changes to taste/smell) | 0="No"; 1="Yes" |
| Q16_symp_now_medic_asmtha_wheeze | Do you currently have any of the following symptoms? <br> (Increase in use of medication for asthma/wheezing) | 0="No"; 1="Yes" |
| Q16_symp_now_none | Do you currently have any of the following symptoms? (। did not have any symptoms) | 0="No"; 1="Yes" |
| Q16_symp_now_other | Do you currently have any of the following symptoms? <br> (Other) | [free text] |
| Q17_seek_med_att | Are you planning to seek medical attention related to COVID-19 within the next week? (If answered 'Don't know/prefer not to answer' or 'l'm not feeling quite right' to Q13) | 1="Yes"; 2="No"; <br> 3="Don't know/unsure"; <br> 4 "Prefer not to answer" |
| Q18_reason_no_med_attention | Please tell us why you are not planning to or why you are unsure about seeking medical attention: | [free text] |
| Q19_knowledge_covid | On a scale of 1 to 5 , how much do you think you know about COVID-19? | -2="Don't know much at <br> all"; -1="Don't know a <br> lot"; 0="Neutral"; <br> 1="Know some"; <br> 2="Know a lot" |
| Q20_television | Which of these sources do you use to obtain information about COVID-19? (Television) | 0="No"; 1="Yes" |
| Q20_official_websites | Which of these sources do you use to obtain information about COVID-19? (Official websites (Australian Department of Health, State Govt, WHO etc.)) | 0="No"; 1="Yes" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q20_newspapers | Which of these sources do you use to obtain information about COVID-19? <br> (Newspapers) | 0="No"; 1="Yes" |
| Q20_radio | Which of these sources do you use to obtain information about COVID-19? (Radio) | 0="No"; 1="Yes" |
| Q20_social_media | Which of these sources do you use to obtain information about COVID-19? (Social media) | 0="No"; 1="Yes" |
| Q20_family | Which of these sources do you use to obtain information about COVID-19? (Family / friends) | 0="No"; 1="Yes" |
| Q20_work | Which of these sources do you use to obtain information about COVID-19? (Work / university / school) | $0=$ "No"; 1="Yes" |
| Q20_prefer_not_to | Which of these sources do you use to obtain information about COVID-19? (I prefer not to read or hear about COVID19) | 0="No"; 1="Yes" |
| Q20_other | Which of these sources do you use to obtain information about COVID-19? (Other) | [free text] |
| Q22_import_physical_dist | On a scale of 1 to 5 , how important (or necessary) do you think physical distancing is currently as a response to COVID-19? | $-2=$ "Not important at all"; -1="Not very important"; 0="Neutral"; 1="Somewhat important"; 2="Very important" |
| Q23_how_many_currently_live | How many people do you currently live with? | [numerical input] |
| Q29_occup_before_covid | Before COVID-19 restrictions began in late March 2020, what was your usual main activity? | 1="Working full-time"; <br> 2="Working part-time"; <br> 3="Studying"; <br> 4="Looking for work"; <br> $5="$ Studying and working"; 6="Not doing paid work + not looking for work"; 7="Don't know / prefer not to answer"; 99="Other" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q29_other | Before COVID-19 restrictions began in late March 2020, what was your usual main activity? (Other) | [free text] |
| Q30_occupation | Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation? | 1="Accounting, Banking and Financial Services"; <br> 2="Administration and Human Resources"; <br> 3="Advertising, Public <br> Relations, Media and <br> Arts"; 4="Agriculture, <br> Animal and <br> Horticulture"; <br> 5="Automotive, <br> Transport and Logistics"; <br> 6="Construction, <br> Architecture and <br> Design"; 7="Education <br> and Training"; <br> 8="Electrical and <br> Electronics"; <br> 9="Engineers and Engineering Trades"; <br> 10="Executive and <br> General Management"; <br> 11="Government, <br> Defence and Protective <br> Services"; 12="Health <br> and Community <br> Services"; <br> 13="Hospitality, Food <br> Services and Tourism"; <br> 14="Information and <br> Communication <br> Technology (ICT)"; <br> 15="Legal and <br> Insurance"; <br> 16="Manufacturing"; <br> 17="Mining and Energy"; <br> 18="Personal Services"; <br> 19="Sales, Retail, <br> Wholesale and Real <br> Estate"; 20="Science"; <br> 21 "Sports and <br> Recreation"; 22="Don't <br> know/prefer not to <br> answer"; 99="Other" |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q30_occupation_other | Prior to the Stage 1 (22 March, 2020) restrictions, what was your usual occupation? (Other) | [free text] |
| Q35_income_self_before | Select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Personal income before COVID-19 restrictions began in late March 2020) | 1="Zero or negative"; <br> 2="Up to \$10k"; 3="\$10k <br> to 20k"; 4="\$20k to <br> $30 \mathrm{k} " ; 5=" \$ 30 \mathrm{k}$ to 40 k "; <br> 6="\$40k to 50k"; <br> 7="\$50k to 60k"; <br> 8="\$60k to 80k"; <br> 9="\$80k to $100 \mathrm{k} " ;$ <br> $10=$ " $\$ 100 \mathrm{k}$ to 125 k "; <br> 11="\$125k to 150 k "; <br> 12="\$150k to 200k"; <br> 13="\$200k+"; 14="Don’t <br> know/prefer not to answer" |
| Q35_income_house_before | Select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Household income before COVID-19 restrictions began in late March 2020) | 1="Zero or negative"; <br> 2="Up to \$10k"; 3="\$10k <br> to $20 \mathrm{k} " ; 4=$ " $\$ 20 \mathrm{k}$ to <br> $30 \mathrm{k} " ; 5=" \$ 30 \mathrm{k}$ to 40 k "; <br> 6="\$40k to $50 \mathrm{k} " ;$ <br> 7="\$50k to 60k"; <br> 8="\$60k to 80k"; <br> 9="\$80k to $100 \mathrm{k} " ;$ <br> $10=$ " $\$ 100 \mathrm{k}$ to 125 k "; <br> 11="\$125k to 150 k "; <br> 12="\$150k to 200k"; <br> 13="\$200k+"; 14="Don’t <br> know/prefer not to answer" |
| Q35_income_self_after | Select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income | ```1="Zero or negative"; 2="Up to $10k"; 3="$10k to 20k"; 4="$20k to 30k"; 5="$30k to 40k"; 6="$40k to 50k"; 7="$50k to 60k"; 8="$60k to 80k";``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Personal income after COVID-19 restrictions began in late March 2020) | 9="\$80k to 100 k "; <br> $10=$ " $\$ 100 \mathrm{k}$ to 125 k "; <br> 11="\$125k to $150 \mathrm{k} " ;$ <br> 12="\$150k to 200k"; <br> 13="\$200k+"; 14="Don’t <br> know/prefer not to answer" |
| Q35_income_house_after | Select one of the following categories to report your personal income and your total combined household income, before tax and other deductions, per financial year... Please include income from all sources, including wages, investments and government pensions and benefits. Please select "Not Applicable" for household income if you are financially independent to your household members. (\$AUD) (Household income before COVID-19 restrictions began in late March 2020) | 1="Zero or negative"; <br> 2="Up to \$10k"; 3="\$10k <br> to 20 k "; $4=$ " $\$ 20 \mathrm{k}$ to <br> 30k"; $5=" \$ 30 \mathrm{k}$ to 40 k "; <br> 6="\$40k to 50k"; <br> 7="\$50k to 60k"; <br> 8="\$60k to 80k"; <br> 9="\$80k to $100 \mathrm{k} " ;$ <br> $10=$ " $\$ 100 \mathrm{k}$ to 125 k "; <br> 11="\$125k to 150 k "; <br> 12="\$150k to 200k"; <br> 13="\$200k+"; 14="Don’t <br> know/prefer not to answer" |
| Q36_current_physical_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My physical health) | $-2=$ "Has become much worse"; -1="Has become worse"; $0=$ "Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_mental_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My mental health) | $-2=$ "Has become much worse"; -1="Has become worse"; $0=$ "Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_social_health | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My social health) | $-2=$ "Has become much worse"; -1="Has become worse"; $0=$ "Has stayed the same"; $1=$ "Has |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | become better"; 2="Has become much better" |
| Q36_current_close_relationships | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My close relationships) | $-2=$ "Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_financial_position | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My financial position) | $-2=$ "Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_self_esteem | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My self-esteem) | $-2=$ "Has become much worse"; -1="Has become worse"; $0=$ "Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_level_exercise | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My level of physical activity or exercise) | $-2=$ "Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_sleeping | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My sleeping) | $-2=$ "Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q36_current_eating | Compared with before COVID-19 restrictions, how do you CURRENTLY rate yourself on the following? (My eating) | $-2=$ "Has become much worse"; -1="Has become worse"; 0="Has stayed the same"; $1=$ "Has become better"; 2="Has become much better" |
| Q39_nervous | Over the past week, about how often did you feel...nervous? (K6) | $-2=$ "All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; <br> 1="A little of the time"; <br> 2="None of the time |
| Q39_hopeless | Over the past week, about how often did you feel...hopeless? (K6) | $-2=$ "All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | 1="A little of the time"; <br> 2="None of the time |
| Q39_restless_fidgety | Over the past week, about how often did you feel...restless or fidgety? (K6) | -2="All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; <br> $1=$ "A little of the time"; <br> 2="None of the time |
| Q39_depressed | Over the past week, about how often did you feel...so depressed that nothing could cheer you up? (K6) | $-2=$ "All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; <br> $1=$ "A little of the time"; <br> 2="None of the time |
| Q39_effort | Over the past week, about how often did you feel...that everything was an effort? (K6) | $-2=$ "All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; <br> $1=$ "A little of the time"; <br> 2="None of the time |
| Q39_worthless | Over the past week, about how often did you feel...worthless? (K6) | -2="All of the time"; <br> $-1=$ "Most of the time"; <br> $0=$ "Some of the time"; <br> $1=$ "A little of the time"; <br> 2="None of the time |
| Q41_most_concern1 | Currently, which of the following causes you the most concern? | 1="Employment"; <br> 2="Meeting ongoing bill payments"; 3="My own health"; 4="My twin's health"; $5=$ "My family's health"; 6="My elderly's relatives health"; <br> 7="Losing my job"; <br> 8="Losing my home"; <br> 9="I have no concerns"; <br> 10="Don't know/prefer <br> not to answer"; <br> 99="Other" |
| Q41_most_concern2 | Currently, which of the following causes you the most concern? (Other) | [free text] |
| Q43_willing_take_risks | Please tell us, in general, how willing or unwilling you are to take risks? | Scale from - 2 to 2 , where $-2=$ "Very unwilling to take risks", 2="Very willing to take risks" and 0 is neutral. |
| Q44_willing_to_give_up | How willing are you to give up something that is beneficial for you today in | Scale from - 2 to 2 , where $-2=$ "Completely unwilling to do so", 2="Very |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  | order to benefit more from that in the future? | willing to do so" and 0 is neutral. |
| Q45_people_best_intentions | How well does the following statement describe you as a person? "I assume that people have only the best intentions." | Scale from -2 to 2, where $-2=$ "Does not describe me at all", $2=$ "Describes me perfectly" and 0 is neutral. |
| Q51_resilience_1 | Please respond to each item by marking one box per row (I tend to bounce back quickly after hard times) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; <br> 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don’t know/prefer not to answer" |
| Q51_resilience_2 | Please respond to each item by marking one box per row (I have a hard time making it through stressful events) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; <br> 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don’t know/prefer not to answer" |
| Q51_resilience_3 | Please respond to each item by marking one box per row (It does not take me long to recover from a stressful event) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; <br> 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don’t know/prefer <br> not to answer" |
| Q51_resilience_4 | Please respond to each item by marking one box per row (It is hard for me to snap back when something bad happens) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; <br> 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don’t know/prefer not to answer" |
| Q51_resilience_5 | Please respond to each item by marking one box per row (I usually come through difficult times with little trouble) | 1="Strongly disagree"; <br> 2="Disagree"; <br> 3="Neutral"; <br> 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don’t know/prefer not to answer" |
| Q51_resilience_6 | Please respond to each item by marking one box per row (I tend to take a long time to get over set-backs in my life) | ```1="Strongly disagree"; 2="Disagree"; 3="Neutral"; 4="Agree";``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | 5="Strongly agree"; <br> 6="Don’t know/prefer not to answer" |
| Q53_worried_getting_covid | On a scale of 1 to 5 , how worried or concerned are you about contracting COVID-19/ coronavirus? | Scale from - 2 to 2 , where -2="Not worried / concerned at all", 2="Extremely worried / concerned" and 0 is neutral. |
| Q54_chance_dying_covid | Please write a number in the box below from 0 to 100 percent, to indicate the percent chance you think you might die if you got COVID-19 | Integers 0-100 |
| Q55_community_proud | Please answer to what degree you agree with the following (l am proud to be a member of my community) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor disagree"; 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don't know"; <br> 7="Prefer not to answer" |
| Q55_community_part | Please answer to what degree you agree with the following (I feel I am part of the community) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor disagree"; 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don't know"; <br> 7="Prefer not to answer" |
| Q55_community_values | Please answer to what degree you agree with the following (People in my neighbourhood share the same values) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor disagree"; 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don't know"; <br> 7="Prefer not to answer" |
| Q55_community_live | Please answer to what degree you agree with the following (My neighbourhood is a good place to live) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor disagree"; 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don't know"; <br> 7="Prefer not to answer" |
| Q55_community_neighbours | Please answer to what degree you agree with the following (I trust my neighbours) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor disagree"; 4="Agree"; |


| Variable | Description | Coding |
| :---: | :---: | :---: |
|  |  | $\begin{aligned} & \text { 5="Strongly agree"; } \\ & \text { 6="Don't know"; } \\ & \text { 7="Prefer not to answer" } \end{aligned}$ |
| Q55_community_things_done | Please answer to what degree you agree with the following (People work together to get things done for the community) | 1="Strongly agree"; <br> 2="Disagree"; <br> 3="Neither agree nor <br> disagree"; 4="Agree"; <br> 5="Strongly agree"; <br> 6="Don't know"; <br> 7="Prefer not to answer" |
| Q56_nextyear_physical_health | Over the next year, how confident are you about your... physical health? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |
| Q56_nextyear_mental_health | Over the next year, how confident are you about your... mental health? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |
| Q56_nextyear_social_health | Over the next year, how confident are you about your... social health? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |
| Q56_nextyear_close_relationships | Over the next year, how confident are you about your... close relationships? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |
| Q56_nextyear_financial_position | Over the next year, how confident are you about your... financial position? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |
| Q56_nextyear_self_esteem | Over the next year, how confident are you about your... self-esteem? | ```-2="Not at all confident"; -1="Slightly confident"; 0="Somewhat confident"; 1="Fairly confident"; 2="Extremely confident"``` |


| Variable | Description | Coding |
| :---: | :---: | :---: |
| Q57_optimism_own_future | Overall, how optimistic or pessimistic would you say you are about each of the following? (Your own future) | 1="Very pessimistic"; <br> 2="Somewhat <br> pessimistic"; <br> 3="Neutral"; <br> 4="Somewhat <br> optimistic"; 5="Very <br> optimistic"; 6="Don't know" |
| Q57_optimism_australia | Overall, how optimistic or pessimistic would you say you are about each of the following? (The future of Australia) | 1="Very pessimistic"; <br> 2="Somewhat <br> pessimistic"; <br> 3="Neutral"; <br> 4="Somewhat <br> optimistic"; 5="Very <br> optimistic"; 6="Don't know" |
| Q57_optimism_world | Overall, how optimistic or pessimistic would you say you are about each of the following? (The future of the World) | 1="Very pessimistic"; <br> 2="Somewhat <br> pessimistic"; <br> 3="Neutral"; <br> 4="Somewhat <br> optimistic"; 5="Very <br> optimistic"; 6="Don't know" |
| Q60_comments | Thank you for taking part in this survey. Please feel free to provide any additional feedback or comments in the box below | [free text] |

